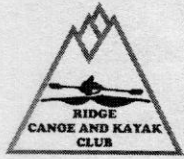


## Ridge Canoe and Kayak Club



RCKC made a splash at the 2008 Canadian National Sprint Championships held in Dartmouth, NS. Congratulations to all winners!

GILLIAN FEDECHKO and MICHELLE KOSAKA won two gold medals in Junior Women's Canoe in 1000 and 500 meter races. They were

named Canadian Champions in their 500m event, and were awarded the Darren McPhee Memorial trophy.

DION MAXWELL came home with a silver medal. Six bronze medals went to GILLIAN FEDECHKO and BRIAN MALFESI brought home three bronze medals—one together with KEITH KELLEWAY, and another in his K4, along with DAVID NYKL, JOSH PLANKEEL and JORDAN TRAAS. Another bronze medal was won by VIRGINIA KURAN.

SCOTT MALFESI directed and produced a video promoting the sport and RCKC for a national contest. The video won the first prize in the Club Reel contest and can be seen on You Tube under "RCKC Club Reel." RCKC club members look forward to receiving the prizes which include a K2, and a Paddle All boat which will allow physically challenged individuals to enjoy the sport of canoe & kayak.

KEITH KELLEWAY, named to the Junior National Team this summer, has just returned with a bronze medal from competition in Moscow. KEITH, MICHELLE KOSAKA, KEN MUIR and RAYNE TARASIUK also competed in the Mazda Knockout in Toronto which was televised on CBC on September 13th.

RCKC club members would like to thank the Whonnock Foundation for their continued support. With their assistance, RCKC was able to purchase a used truck that could tow our trailer full of boats to Halifax and back. Thank you!

The last two local sprint regattas of the summer will be held at Whonnock Lake: the BC Bantam-Masters Championships on September 27 and 28 and the Long Distance Championships on October 4 and 5. Come out and join the fun!