



# 2009 - 2010 ANNUAL REPORT

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# Canoe Kayak BC

**Thank you to the following for their support to our programs**



The Province of British Columbia

The Ministry of Sport and Healthy Living

Government of Canada

Sport BC

Legacies Now

Canadian Sport Centre Pacific

Canoe Kayak Canada

Team BC



Coaches Association of British Columbia

Coaches Association of Canada

Investor's Group

Mississippi Kayaks



Thank you to the following for their generous donations that have allowed us to award 2 scholarships of \$500 in year three of our program.

Jaden Langford

Janice Nagai

Matthew Abbott

Rhys del Valle and Clifton Cann

Patricia Lovatt

Mary Jane Abbott

+ Anonymous donors



## VOLUNTEERS

Many will be shocked to find  
When the Day of Judgment nears –  
That there's a special place in Heaven  
Set aside for volunteers  
Furnished with big recliners  
Satin couches and footstools –  
Where there's no committee chairman,  
No group leaders or car pool.  
No eager team that needs a coach,  
No bazaar and no bake sale  
There will be nothing to staple,  
Not one thing to fold or mail.  
Telephone lists will be outlawed,  
But a finger snap will bring  
Cool drinks and gourmet dinners  
And rare treats fit for a king.  
You ask, "Who'll serve these privileged few,  
And world for all they're worth?"  
Why, all those who reaped the benefits  
And not once volunteered on earth!

--Author Unknown

## YOUR BOARD OF DIRECTORS

President/Flag Officer	Grant Rawstron
VP Sport Development	Virginia Kuran
VP High Performance	Sara Hopkins
VP Fundraising and Marketing	Andrew Mylly
Secretary	position vacant
Treasurer	Janice Nagai
Divisional Officials Chair	Patti Fedechko
Athlete Representative	Gillian Fedechko

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## MEMBER CLUBS

Burnaby Canoe and Kayak Club	Northwest Brigade Paddling Club
Chilliwack Centre for Excellence	Pemberton Canoe Association
Delta Canoe Club	Pitt Meadows Paddling Club
False Creek Racing Canoe Club	Ridge Canoe and Kayak Club
Fort Langley Canoe Club	Squamish Paddling Club
Kamloops Canoe and Kayak Club	Vancouver Island Whitewater Paddling Society
Lotus Sports Club	Vancouver Kayak Club
Marathon Canoe Racing Association of BC	Victoria Youth Paddling Club
Nanaimo Canoe and Kayak Club	
Nelson Canoe and Kayak Club	

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## CKBC WELCOMES NEW 2009-10 MEMBER CLUB

Squamish Paddling Club

### THANK YOU VOLUNTEERS – KAMAL, SARAH AND PATTI

This year will see three members of our Board retire from their duties. A THANK YOU is extended to Kamal Basra, Sarah Bauder and Patti Fedechko for the years of commitment they have made to our sport. They and their families were, and in some cases continue to be, valuable members of our organization. Thanks to each of you for the generous donation of your time as you filled your board roles and we hope that you will continue to visit us at paddling events in your communities.

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### PRESIDENT/FLAG OFFICER'S REPORT

This has been another challenging year for the organization as it redefines its role with the effects of the changes to sport funding and coaching resources. The loss of our provincial coach and two regional coaches in conjunction with the loss of funding to support these positions will present some short term challenges. However our sport had not seen any significant growth of sprint athletes since their arrival in BC. Participation in many of the traditional sports is actually dropping in this Province so we will need to be more creative in how we attract the next generation of paddlers.



We believed that just having these high level coaches here in BC would see our clubs build so we now need to recognize that growth of our sport cannot be left just to the coaches. As a small sport with a lot of passionate members we may need to reach out to work with other sports in ways that access larger groups of children to give them fundamental physical literacy skills and a range of sports that can contribute to their development. There may be frameworks existing that may lend themselves to this concept but it may remind us of the Sports clubs in the East and in Europe that offered this and the important social component for families as well.

The other racing divisions – white water slalom and marathon are also struggling to bring new racers to their sports. Recruiting still remains a major challenge at all levels in the sport from new paddlers to coaches and officials.

In comparison those clubs that have a DB membership base have done well with recruiting. We need to look closely at why this and how a multi discipline club can facilitate that important social / team element into the very individualistic discipline of sprint racing.

There are certainly some highlights this year that are good signs for the future.

The sport finally returned to the BC Summer Games after 12 year and it was exciting to see the success of our participation on many levels. As a sport we have generated a lot of momentum through this which we must maintain to reap the benefits of all the work that went into its success. It required a lot of extra time of our Exec Director supported by many hours of volunteer time by local members.

The Nationals in Regina were also a highlight with some great performances in spite of the changes in coaching for many athletes. This is also a very time demanding exercise for our ED for which I am extremely grateful as she maximizes the opportunities for our athletes making the commitment to be part of this major event.

Burnaby Lake is finally being dredged which will return the site to its former glory as a great regatta and training venue.

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We still struggle as a Province to be represented significantly on the National Teams which is sadly reflective of our impact as a sport on the local scene. Without a broad base of athletes supporting an athlete development program that offers the paddling option, we will struggle well into the future. We need to work together with clear shared goals.

I thank again Mary – Jane for the incredible amount of work that she does to keep our sport on the leading edge of Provincial Sport Organizations in this Province always on the lookout for opportunities that could benefit us and give our sport the best chance to thrive in a very competitive economic and social environment of Sport development.

I look forward to further serving this organization in the challenging years ahead.

Respectfully submitted, Grant Rawstron  
President CKBC and Pacific Division Flag

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## VP HIGH PERFORMANCE

Despite uncertain funding and organization re-structuring the high performance division has achieved many impressive results this season. Beyond the personal best performances of several of our athletes at the 2010 Nationals in Regina, our athletes have excelled in local, provincial, and international regattas.

The following report highlights my work over the past year.

### **BC Summer Games**

After being excluded from the BC Summer Games since 1998, our inclusion in the 2010 Games was due to the dedication of long-time volunteers in who worked creatively to market canoe/kayak across the province. With 81.3% of our allocated spots for athletes utilized and representation from all 8 zones, the effort of our volunteers across the province has had tangible effects.

Much time and effort went into the technical package to ensure that novice paddlers experienced rewarding competition in a supportive environment, while experienced athletes had engaging experiences – both in terms of high-level racing in their traditional discipline and in terms of challenging racing in new disciplines.

Our athletes were highly successful in their traditional disciplines during the Games, and the feedback we received regarding the cross-discipline events was incredibly positive. Similarly, we have been rewarded for the work put into preparing canoe/kayak for the 2010 Games with “Core Sport” status in the 2012 BC Summer Games.

The 2012 BC Summer Games will be held in Surrey, on July 19<sup>th</sup>-22<sup>nd</sup>. We hope to use the foundation of volunteers, athletes and infrastructure established in 2010 to attain new heights in 2012. We will begin recruiting Zone Leaders, planning CanoeKids camps and designing athlete recruitment campaigns in early 2011.

### **LTAD Principles**

In the fall of 2009, the Technical Committee met to review the 2009 season, and to develop the 2010 schedule. This process was driven largely by the Long-Term Athlete Development principles, and, as a province, we have committed to embracing these principles.

Specifically, we attempted to ensure that athletes had adequate time to train and rest between summer competitions, and to encourage athletes to attend regattas that matched their personal level of preparedness. We have given thought to the

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structure and timing of local events in order to address the needs of all levels of athletes; we are working with clubs in the Pacific Northwest to maximize the level of competition for our elite athletes while minimizing their travel costs.

We continue to reflect upon our event schedule to ensure that our athletes are participating in the types of events that are suitable for their level and to ensure that our athletes have long, fulfilling and positive careers in the sport of canoe/kayak.

## **AAP Funding, IPS Integration, and PacificSport Support**

Faced with declining and uncertain funding, we have maintained selection criteria for all levels of high performance athletes. As we face a future of declining funding and reduced resources, we continue to search for ways to support our athletes without the ability to provide direct funding.

Changes to the IPS program and the Regional/ Provincial coaching program have made it difficult for us to access even partial sources of funding – our call for clubs to individually commit to the Regional Coaching structure in early August was an example of such a situation. We continue to advocate for canoe/kayak through CKC, and through PacificSport. We hope that our involvement in multi-sport discussions will allow us to draw upon the strength of the larger sporting community when lobbying for increased sport funding.

## **CKC Coaches Technical Committee**

As the Member at Large Representing BC, I have participated in online discussions and conference calls with the other representatives across the country. Our discussions have focused on CKC rule changes for 2010, the proposed ELCC pathway, the NCCP transfer policy and the LTAD Competition Review.

## **Review/ Update CKBC Strategic Plan, Harassment Policy, and Constitution**

We have begun an initial review of the Strategic Plan, and have envisioned this process as an opportunity to assess our progress towards the goals we outlined in 2008 as well as to more clearly communicate to our members how changes in funding have affected our methods of support. Specifically, we have identified Participation, Sustainability and Performance as areas that require revision. In addition to making administrative changes, we will look to our member clubs to assess the 2008 goals, and to help us align the Strategic Plan with our present realities.

After participating in the Harassment Advisor Workshop facilitated by Sport BC, Grant and I have committed to reviewing the CKBC Harassment Policy and revising it to align with that of CKC. The revised policy will be available by January 01, 2011.

The Constitution has been revised to correspond to the Society Act [RSBC 1996] Chapter 433 and to more accurately represent the mandate of the organization, the duties of the Board members and the provincial structure of our sport.

## **2010-2011 Work plan**

My tasks for the upcoming season are as follows:

1. Consult with the Technical Committee to create efficient, effective communication protocols.
2. Complete the 2010 Competition Review/ Develop 2011 Schedule on LTAD principles.
3. Monitor, evaluate, and adjust as necessary, High Performance criteria, ranking formulas and funding allocation.

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4. Work with the Technical Committee to prepare athletes to excel at provincial, national and international competitions, including multi-sport events such as the 2010 Western Canada Summer Games and the 2012 BC Summer Games.
  5. Establish and implement a Provincial “Coach Development Plan”
  6. Work with CKBC board, Technical Committee and all members to ensure understanding of and meaningful participation in the new CBKC organizational model.
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## VP SPORT DEVELOPMENT

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## VP FUNDRAISING AND MARKETING

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## TREASURER’S REPORT

The 2010 Audited Financial Statements (to March 31<sup>st</sup>, 2010) have been posted to our website and despite receiving NO Gaming funds during the 2009-10 fiscal year we were able to keep the deficit to a manageable amount.

We began this fiscal year continuing to tighten our purse strings and extending a user pay policy to our performance programs. Our 2010 – 2011 balanced budget is very much a minimalist budget.

Late August saw us meet with renewed success with our Gaming grant. Much of this grant we have decided to carry forward to next summer’s plans to ensure that programs get off the ground and will have the opportunity to begin to be sustainable. We will also know how much we can budget for and commit to with our high performance programming.

Our core funding has rebounded to Pre-Olympic levels but has shifted focus from being performance to now being much more participation based. We also have the responsibility of significant accounting and reporting twice a year to go with this new focus. Moving forward we will need to have engaged clubs who recognize the value of setting goals and measuring themselves against them.

A significant review of our bylaws has resulted in a clearer definition of our membership categories and we will be presenting the 2011 fees at the upcoming AGM.

Having been recently appointed to this position I am trying to understand the financial picture of the organization. It is clear that our funds come from a number of different sources and are all ear marked for specific projects.

The following is a summary of our 2010 Budget and the final numbers and our deferred funds will be used to create our 2011 budget very early in the next year.

Janice Nagai, Treasurer

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		AUDITED Apr '09 - Mar 10	2009 – 10 Budget	Current YTD	2010 – 11 Budget
<b>Ordinary Income/Expense</b>					
<b>Income</b>					
1	COMPETITION INCOME	6,024.85	6,030.00	6467.92	17850.00
	DONATIONS	10,618.50	11,000.00	818.00	1000.00
2	GAMING INCOME	50,807.02	19,831.00	37,800.00	34,100.09
3	GOVERNMENT INCOME	154,522.43	154,510.00	81,1277.00	77,750.00
	OTHER INCOME	38,718.34	43,280.00	19,932.66	9,950.00
<b>PROGRAM INCOME</b>					
	COACH DEVELOPMENT	13,965.30	13,900.00	21,549.13	13,400.00
	COMMUNITY OUTREACH/CLUB DEV	35,177.90	27,075.00	31,374.76	13,500.00
	MEMBER SERVICES	36,222.25	36,700.00	42,823.08	44,250.00
	OFFICIALS DEVELOPMENT	3,554.91	3,550.00	450.00	1,000.00
	SPRINT HP - ATHLETE DEVELOPMENT	49,532.27	50,605.00	15,253.68	2,100.00
	PROVINCIAL/REGIONAL COACHING	90,681.64	98,797.58	58,156.50	74,250.00
	<b>Total Income</b>	<b>489,825.41</b>	<b>465,278.58</b>	<b>315,802.73</b>	<b>214,900.09</b>
<b>Expense</b>					
<b>ADMIN ISTRATION</b>					
	Affiliation	2,054.50	2,200.00	1,534.00	2,000.00
	Meetings	3,938.56	4,000.00	6,306.67.	8,900.00
	Office Expenses	2,427.95	2,600.00	837.38	1,800.00
	Others	33,780.78	300.00	221.39	500.00
	Professional Fees	14,600.78	14,475.00	3,013.97	9,975.00
	Salaries & Benefits	78,609.42	78,725.00	36,576.08	77,885.00
	Utilities	13,588.17	13,840.00	8,757.23	11,000.00
	<b>Total ADMIN ISTRATION</b>	<b>149,000.16</b>	<b>116,140.00</b>	<b>57,246.72</b>	<b>112,260.00</b>
<b>PROGRAM EXPENSES.</b>					
	COACHING DEVELOPMENT	9,584.63	10,200.00	13,125.72	17,300.00
	COMMUNITY OUTREACH/CLUB DEV	46,976.36	48,425.00	50,266.32	28,750.00
	MEMBER SERVICES	18,801.20	21,600.00	3,438.18	19,000.00
	OFFICIALS DEVELOPMENT	3,144.02	3,180.00	403.17	2,750.00
	<b>Total PROGRAM EXPENSES.</b>	<b>78,506.21</b>	<b>83,405.00</b>	<b>67,233.39</b>	<b>67,800.00</b>
	<b>Total PROVINCIAL/REGIONAL COACHING</b>	<b>147,176.59</b>	<b>150,764.35</b>	<b>29,279.92</b>	<b>0</b>
	<b>Total SPRINT HP - ATHLETE DEVELOPMENT</b>	<b>115,041.02</b>	<b>118,400.00</b>	<b>18,611.11</b>	<b>32,600.29</b>
	<b>Total WW - ATHLETE DEVELOPMENT</b>	<b>8,142.42</b>	<b>10,380.00</b>	<b>6474.79</b>	<b>2,000.00</b>
	<b>Total Expense</b>	<b>497,866.40</b>	<b>479,089.35</b>	<b>178,845.93</b>	<b>214,660.29</b>
	<b>Net Ordinary Income</b>	<b>-8,040.99</b>	<b>-13,810.77</b>	<b>111,599.21</b>	<b>239.80</b>
	<b>Net Income</b>	<b>-8,040.99</b>	<b>-13,810.77</b>	<b>111,599.21</b>	<b>239.80</b>

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1. Included CKC Nationals entries – in/out
  2. Gaming – a small amount of Gaming funds were carried forward however the majority of these funds are from clubs who have used their Gaming revenue to pay for staff who are on a payroll administered by Sport BC and the funds flow through our books
  3. Government income – this includes our ‘CORE’ Grant, Athlete Assistance Program Grants (both WW and Sprint), PacificSport Grants, HRSDC (Summer Student) Grant and Canada Games Preparation Grant.
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### DIVISIONAL OFFICIALS COORDINATOR (PACIFIC) REPORT

**First, I wish to thank all the volunteer officials who came out for the love of the sport and the support of the athletes, rain or shine, to all events.** Without you, we couldn't run regattas, and it's because you were there that the athletes could come out to compete and demonstrate their skills.

In 2010, BC Canoe-Kayak Officials had many successes and many challenges. Included amongst the successes were the Officials training sessions undertaken during the year: a Level 1&2 offered in the spring in Maple Ridge, a special offering preceding the BC Summer Games and a Level 1&2 course in Kamloops. My thanks go out to David Muir and Bill Rublee for all the hard work they put in to present these courses. A special thank you goes out to Jane Traas for organizing officials for the BC Summer Games in Fort Langley. Many thanks to MJ Abbot for keeping track of officials' hours, etc., while I was under the weather.

Challenges still remain in Officials' Development: we need to train officials in upper Level courses and retain some of the experienced officials for key positions, such as starter, referee and chief official positions. Unfortunately, we had to postpone a regatta due to a lack of volunteer officials this summer. A good suggestion by the board this year was that if a club was sending athletes to a regatta, the club should provide at least two volunteer officials to that regatta. Officials need to support all the clubs regattas, especially if your children are participating in the regatta.

I have enjoyed serving as Divisional Officials Coordinator over the past couple of years, and hope that we continue to have caring and efficient officials developing in the Pacific Division.

Patti Fedechko

Divisional Officials' Coordinator  
Pacific Division

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### ATHLETE'S REPRESENTATIVE REPORT

#### **Competitions**

For the first time in 12 years, Canoe/Kayak was a part of the 2010 BC Summer Games held in the township of Langley. With representation from all zones this was a great competition for both experienced paddlers and those who have just hopped into a boat a few months ago! We hope to continue to see these news faces around next season and continue to develop these clubs from around the province.

#### **Athlete Development**

The selection of the Pre-Western Canada Games Training squad athletes shows an amazing 8 different clubs being represented. This is encouraging for the development of our future High Performance athletes.

These athletes will be encouraged to attend any of the pre-Westerns training camps.

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Nov 10<sup>th</sup> – 14<sup>th</sup> Frost bite camp – Seattle, WA.

Dec 18<sup>th</sup> – 22<sup>nd</sup> Cross Country Ski camp @ Silver Star Resort.

March 2011 – Spring Training Camp (Location TBD)

## **High Performance**

National Championships were successful for many of our athletes. Honorable mentions go out to Brian Malfesi for his gold medal performance in Juv. Men's K1 1000m and Nicole Haywood for her gold medal performance in Jr. Women's C1 1000m. Additionally, bursting onto the scene this year was the Fort Langley midget boys K4 team as well as the PaddleALL athletes from Pitt Meadows paddling club. You can check the website for a complete list of accomplishments at:

<http://www.canoeKayakbc.ca/home/history-archives>

On the international stage, Brian Malfesi competed at Pan Am Canoe Championships in Mexico City after attending the Turkey Bowl training camp in Ottawa.

Additionally, earlier this summer, Nicole Haywood represented Canada on the international front by competing in the World Cup series with Regattas in Duisburg, Germany; Poznan, Poland and Szeged, Hungary.

Finally, Jazmyne den Hollander represented Canada at the inaugural Youth Olympics that were held this summer in Singapore from August 14<sup>th</sup> – 26<sup>th</sup>. She is last year's Premier's Athletic Award recipient and we are sure to see great things from her in the future.

## **Communication**

Athletes can continue to get in touch with their athlete Rep, through the CKBC Athletes Lounge group on FaceBook. This past year it has been an outlet for athletes to give feedback on events going on through CKBC. It is a way for them to communicate with athletes from around the province and find information they need about upcoming events and opportunities. Athletes are encouraged to continue using the group as a means of communication.

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## EXECUTIVE DIRECTOR'S REPORT

CanoeKayak BC continues to determine the direction of the organization and the programs utilizing the Strategic Plan developed by our members. The pillars of Strategic Plan mirror those of the British Columbia and Canadian Sport Systems and Policies.

For those unfamiliar with the Strategic Plan of the organization the following headings align with the areas of focus in the planning document.

### Performance

- This year saw an increase in the number of athletes attending National Team Trials. For many it was their first time and the benefit of the increased level of competition was an increased level of performance at Nationals.
- Brian Malfesi and Nicole Haywood were both named to CKC teams as a result of their trials performances and had the opportunity for international competition; Nicole on the European Tour and Brian at the Pan American Championships.
- Nationals presented us with some outstanding performances from a strong group of midget athletes. Our increased depth in this age group should bode well moving forward. Congratulations to Brian and Nicole on their gold medal performances. For the first time we had PaddleALL athletes compete in both the cognitive and physically challenged categories. Participating in this event was a great opportunity for the coaches, athletes and supporters involved and winning medals was inspiring for ongoing growth.

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- Western Canada Games Preparation is underway. A long list of athletes has been identified and programs have been developed to oversee their development as we look forward to hosting next year in Kamloops.
- Our Whitewater members hosted two sets of National Team Trials in BC this year and although it was taxing on the volunteers it continues to keep our sport on the national map and encourages local participation.
- Jazmyne DenHollander was a member of the CKC Team that attended the Youth Olympics in Singapore and with a crash course in sprint paddling to compliment her expertise in Whitewater she was able to finish 5<sup>th</sup>.
- CKBC hosted a trials event for the Marathon World Championships and were represented on the Canadian contingent by Jim Nosella and Ian McKenzie.
- We look forward to hosting a set of ICF World Club Crew Dragonboat trials early next year for BC clubs to earn the opportunity to participate in the World Club Crew Championships at the end of July next summer in Toronto.
- As Burnaby Lake nears completion our athletes will have the best of training environments in their back yard and we will be working closely with CKC to ensure that athletes across the country are encouraged to train on this world class course.
- We have recently unsuccessfully reapplied for Regional Coaches under the Canadian Sport Center Pacific's Integrated Performance Program. Although we bordered on success we are now left to fend for ourselves. At the time of writing we are not sure the implications this will have on our athlete carding. It appears however that clubs are recognizing the significance of having a larger base of athletes and although they have not lost their high performance focus their vision is broadening. This will provide for a stronger system down the road.
- Thanks to Sara Hopkins, VP High Performance and Jon Allen, WW for their ongoing support with our High Performance Programs.

## Participation

- The BC Games has to be one of the highlights of the year. Thanks to everyone who played a part in ensuring we had representation from all 8 of our zones. In following LTAD principles for a late developing sport we were encouraged to see that the participants had a great experience competing in the different disciplines. It was also rewarding to see the commitment to the event from all of those who have participated previously in Western and Canada Games. The time commitment each of you made in a coaching, officiating or in a medal presenters role did not go unnoticed. Although you think it is 'no big deal' you are incredible role models for the younger participants and your attendance and support was much appreciated. We have been rewarded for an outstanding team effort with being a core sport for 2012 in Surrey and look forward to using this event to continue to grow our sport across the province.
- Our regatta schedule was intentionally reduced this year to allow for longer training blocks and to ensure that we focused more on skills than racing. We also tried to ensure that when athletes raced it was a competitive opportunity rather than a known outcome. As we continue to focus on Long Term Athlete Development the regatta schedules will continue to evolve. It is reassuring to hear from parents and athletes alike that although they thought we were nuts with our revisions this year they believe it has made them go faster....on we march with baby steps!
- Our sprint clubs all showed growth this year and it was exciting to see the number of war canoes that were making it onto the water. Hopefully this trend will continue and these boats will be useful to creating larger club programs resulting in increased sustainability.
- The Aboriginal Initiatives Program continues to grow with provincial projects in both the Burns Lake area and Chehalis/Seabird Island. Individual clubs have encouraged participation with local bands and met with some success. With the cancellation of the North American Indigenous Games we are looking forward to bidding on the North American Indigenous Championships in Burnaby in 2012 with the blessing and support of CanoeKayak Canada.



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- The PaddleALL program continues to grow with the greatest impetus in Pitt Meadows where both competitive and recreational programs are flourishing.
- Many clubs took advantage of the World Canoeing Day ‘freebie’ as an opportunity to host an Open House for their community. Unfortunately the weather was not terribly cooperative. We will continue to provide this opportunity to member clubs who wish to participate and hopefully generate some momentum across the province as more clubs join in.



## Registration Tally - Year to Date - Oct 2010

Club	CKC Competitive								Other													
	Atom	Peewee	Bantam	Midget	Juvenile	Junior	Master	Total Comp	Coach	Camp	Dboat	General	Marathon	Official	Other	Outrigger	Rec	School	Volunteer	Whitewater	TOTAL	
Burnaby	0	1	4	5	1	6	19	36									51					87
Chilliwack				1	1	3	2	7	2						11		71	59				150
CKBC									1					3	14							19
Delta											11					17						28
False Creek						1	1	2														2
Fort Langley			1	7	7	1	2	18	3	15	302	13		2	1	21	190	56			631	
Kamloops	3	2	6	4	1	1		17		41				2	2			48				110
Lotus											35					1						36
Marathon												1	73									74
Nanaimo	1	2	7	5	1	1		17	4	154		192		1	49		44	206	9		676	
Nelson			4	1				5	2								85	5			97	
Northwest									2								16				18	
Pemberton			7	5				12		3	72					19		5			111	
Pitt Meadows			1	2	1	1	2	7	3	5	63	20		2	65		63	604	1	1	834	
Ridge	4	9	9	6	3	7	12	50	1	86	32	4		9	162		82	394	1		821	
Squamish									1						11		60	1		1	74	
Vancouver Island									1								89				90	
Vancouver Kayak									1								148				149	
Victoria Youth	4	4	6	6	1		1	22	4					3	5	11			31	5	81	
<b>TOTALS</b>	<b>12</b>	<b>18</b>	<b>45</b>	<b>42</b>	<b>16</b>	<b>21</b>	<b>39</b>	<b>193</b>	<b>25</b>	<b>304</b>	<b>515</b>	<b>230</b>	<b>73</b>	<b>22</b>	<b>315</b>	<b>63</b>	<b>910</b>	<b>1378</b>	<b>42</b>	<b>7</b>	<b>4088</b>	

### Partnerships

- We continue to build our relationships with our other discipline members and have been able to have staff representation at both marathon and whitewater events. We look forward to continuing to build on this relationship to ensure that our members can seamlessly enjoy all disciplines of the sport.

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- The Aboriginal Initiatives program in Burn's Lake would not be possible without the great support provided by the Ministry of Health's Healthy Eating Active Living Program. Looking to next summer we will continue to work with them demonstrating the benefits of both of our programs. We will continue to partner with Softball BC to provide a variety of active living opportunities in aboriginal communities.
- The Western Canada Games Organizing Committee is ramping up for their show in 2011. SA special thank you to Jeff Morgan who behind the scenes has been working hard to ensure our athletes will benefit from a new course and finish line structure. Bill Rublee has also been providing technical guidance to the local organizers.
- We continue to have an outstanding working relationship with our national organization; CanoeKayak Canada and look forward to working with them moving forward to achieve mutual goals.



### Sustainability

- CKBC was fortunate to once again receive a summer employment grant and even more fortunate to be able to rehire Connie from the previous summer. She was able to step in immediately and pick up where she left off.
- We delivered a record number of coaching courses this year in sprint, whitewater and marathon. All disciplines are slowly moving towards the new NCCP competence based delivery and although tedious at times will result in much better coaching. We are encouraging clubs to ensure that all of their coaches/leaders are certified and that they have some first aid qualifications.
- I have had the opportunity to attend both the marathon and whitewater disciplines' first CBET NCCP courses and am encouraged by the feedback of the participants. There are some great opportunities for some multi-discipline camps across the province that we will be building on next summer.
- Leading up to the Western Canada Games we are focusing on providing educational and mentorship opportunities for a pool of coaches in an effort to strengthen our overall club coaching. We have recently had 3 coaches complete the first portion of the Comp Dev Sprint workshop and they are eager now to share their new knowledge. Our investment in them has also provided them with the opportunity to spend time with coaches from across the country to share programs that have been successful so we may find them introducing new ideas to their home clubs.
- Our official's education programs were not as successful this year as have been previously. We did however effectively use the BC Games as a provincial training opportunity. With more advance advertising and a planned year round delivery we are optimistic we can upgrade a number of officials and orient many of the new parents next year. Clubs must communicate the importance of volunteering for these positions if regattas are to be hosted.
- A training grant allowed us to provide IT training support to many areas across the province and those clubs who have used the programs from the course have reported significant success. Online registrations and event listings, team/club communication, online accounting, online document collection and preparation, newsletters, social media and marketing and promotion products were all covered and well received. We will try to have a 'practical/set up' session with clubs leading up to next season so that those wishing to be 'online' for next year will be ready to go.
- Our volunteers continue to be an inspiration for our members. The community of Nanaimo recently recognized Eduardo Rivas through the Sport BC Community Sport Heroes Program.
- We are awarding our Scholarships for the third year and it is encouraging that a number of current members have recognized the importance of this fund to our student athletes and generously contributed.
- Although we strive for financial independence it is increasingly challenging given the accountability required for each of the programs we deliver. Our 'Core' funding from the Government has evolved to a more participation based focus and is requiring significant accountability in terms of numbers and programs. To this



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end our 'Sportical' Event registration is becoming mandatory to use for any significant club, interclub or provincial event. It is also critical that all members/participants are registered in PadTrac. Again this is a tool that can be of great use to individual clubs (and will be improved and upgraded in the following year) and if there are registrars who wish additional training they are invited to contact the office.

### THE FINISH LINE

Moving forward we will have a new board structure in some form after the AGM and will be asking for increasing participation/input from club volunteers to help guide our programs. It is becoming increasingly evident that we need to move towards meeting using technology to make sure we have true provincial input. Having held back some of this year's Gaming funds for the delivery of next year's programs will enable greater planning moving forward.

Our Board members will be engaging in some fund generation projects and more direct links with our member clubs. BC Games development camps will be held in various locations.

All in all it was a good year and one to build on!

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## BURNABY CANOE AND KAYAK CLUB REPORT



BCKC hired Steve Juranovics as a new coach for 2010. Steve is a speedy kayaker and invigorates athletes with technique he acquired while training to qualify for the Hungarian national team.

Jim Nosella filled in as the junior sprint coach as we were unable to hire qualified coaches for those programs. The athletes that Jim coached went on to compete at the BC Summer Games.

Beginner sprint programs, summer camps and the school dragon boat program were not offered in 2010 due to our inability to hire qualified staff and erratic dredging schedules.

Recruiting qualified staff will be one of BCKCs top priorities for 2011. We do not expect the lake dredging to jeopardize these programs in 2011. The dredging should be completed before the spring of 2011.

A school dragon boat committee has been setup to organize the 2011 school dragon boat program. The goals of the committee are to involve as many school districts and to investigate the feasibility of having a dragon boat component integrated into PE programs. The school dragon boat program will serve a dual purpose in 2011. It will boost our youth participant numbers and be a venue to demonstrate flatwater paddling.

Our club volunteers actively recruited athletes for the Masters training camps. These camps served as 'the next step' for those paddlers who have had some experience in canoes and kayaks. BCKC looks forward to hosting more of these camps next year, with the possibility of either more sessions or sessions based on skill level.

The adult war canoe program continues to be a popular draw. We look forward to an increasingly competitive field based on the proposed programs from clubs such as FCRCC.

BCKC established a major presence at CANMAS this year by placing 3<sup>rd</sup> overall. This achievement can be attributed to our active recruiting, new coach and training camps.

Kit Lo, Commodore- Burnaby Canoe and Kayak Club

## CHILLIWACK CENTRE FOR EXCELLENCE REPORT

The CCE was involved in many events over the last year.



We hosted or co-hosted the following races: Rich Wiess (Hope Slough), Langley – BC Championships (Salamon River) and 2 sets of National Team Trials in Whistler/Squamish

As the host of National Team Trials we were excited to restore the whitewater race course on the Mamquam River in Squamish, and to run the first National level competition at the artificial whitewater course on Rutherford creek with support from Run of River Power and Innergex.

We also took part in races on the Cowichan – Cedar – Nooksack Rivers.

Our athletes had an outstanding season.

- Jazmyne made Junior National Team and Senior National B team. She traveled to Singapore for the Youth Olympics and to France for the Junior World Championships. She also raced well at Nationals winning the Junior girls category, and placing 4<sup>th</sup> in the senior category.
- David made the Senior National Team again this year, and spent the summer training and racing all over the World from Australia to Europe and everywhere in between. He was also able to claim the title of “National Champion” in the K1 Men’s Category.

The coaches from the CCE had a great summer as well.

- The always important volunteers ran a free lake paddle twice a week, occasional trips down the Harrison River and many local canals/streams.
- Our younger coaches were busy running the daily programs in Chilliwack. River runs, Rolling Clinics, Intro to paddling courses, flatwater slalom clinics and school programs.
- Jordan Gollner and Jon Allen attended the BC Summer Games and coached rival teams of Fraser Valley and Prince George.
- Jon also helped coach the National Team at the 3 World Cups and World Championships in Europe.
- Jon and Jazmyne helped out with an Aboriginal Program on Seabird Island

Over all the CCE has had an exceptional year and we look forward to a winter of paddling to finish it off!

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## DELTA CANOE CLUB REPORT

## FALSE CREEK RACING CANOE CLUB REPORT



The club is getting younger with more individual memberships and fewer dragon boat team memberships.

Provision of club OC1s continues to be our differentiating adult member benefit; it is an intentional market and performance strategy that is limited by storage space rather than market size. We are now developing a versatile and robust club OC1 with a local builder based on a proven hull design.

We intend to replace our current fleet and sell the model to other clubs who have previously avoided club boats because of the repair issues.

We continue to dominate local dragon boat regattas, partly by virtue of numbers and partly because of the OC1 cross training strategy. We are also the only club with a large enough fleet for DB teams to have quick and frequent time trials.

OC6 participation has been growing at the novice level because of truly exceptional volunteers, but we are somewhat weak in the follow-up development program so we are not producing a strong base to feed the top level teams. Much like DB the intermediate level teams in OC6 form a strong social network, a beer league, so building the program really means building the social infrastructure, something we haven't paid as much attention to as our commercial competition.

Adult novice flatwater participation grew significantly over the summer. Student coaches were available because of the weak job market so scheduling was easier, but it was also an off-year for international dragon boat so many members were looking for something new. Our focus for student flatwater was and remains War Canoe. We intend to bring War Canoe cross training to young dragon boaters starting with post secondary students and working back to junior high. For 2011 we plan to have one high school cross training regularly and we hope to establish a provincial high school championship race at a dragon boat event. We have hired a flatwater coach part time for the 10-11 year, it's not a big investment but it is the first salary coaching we have provided in 5 years and we don't do it for the other disciplines, so it is a financial bet that flatwater is ready to expand and soon attract a younger demographic. We remain committed to expanding youth services as opportunities arise, and we expect more to arise once Burnaby's dredging is complete.

The 2010 CanoeKids summer program was a disappointment. Promotion efforts were insufficient and it rained during our main promotional event which is Canada Day on Granville Island, normally a packed event. We did not host another World Canoe Day event in mid June; it was not cost effective last year and does currently not make sense given its scheduling just before Vancouver DB festival and Canada Day. For 2011 we will ramp up school visits instead.

So, for youth programs the main challenge is recruiting while for adult programs it is a facility for socializing. The social problem is less trivial than it sounds, most members have little knowledge of club history and many use our facility like fitness centre, so we continue to have difficulty promoting a high standard of equipment care.

## FORT LANGLEY CANOE CLUB REPORT



Our club continues to grow. We now have over 400 members. FLCC is proud to be a multi-discipline club offering: sprint, dragon boating, outrigger canoeing and voyageur canoeing to all levels and ages of participants. We continue to grow each year.

This year, the BC summer games were held in Langley and we hosted the kayaking and canoeing events in Fort Langley. This was a great opportunity for kids from all areas of the province to experience the fun and challenges of paddling. It was also a great way for everyone to see the wonderful facilities we have developed in Fort Langley. Our club had great representation as participants and volunteers at the BC Summer Games. The next BC Summer Games in 2012 will be held in Surrey but we understand the kayak/canoe and rowing events will be held again in Fort Langley.

Sprint paddlers were very sad to see their coach, Kris, leave Fort Langley to coach the Australian National team in the April. He outlined a sprint training program which was studiously followed by Elliot Hoyt and the summer employee and the success of the team was highlighted by the Men's K4 earning silver at the Nationals. Our summer programs went well, run by our summer employee. Our junior sprint program was successful this year and these youth have integrated well into the senior sprint program. Elliot Hoyt and Zsolt Shrek are our winter sprint coaches.

Our Dragon Boat (DB) division continues to flourish. More than 330 members list DBing as their paddling discipline. We had twelve adult DB teams in the club this year who attended fifteen different regattas around BC and NW states. In addition, we offered a school DB program which had an enthusiastic youth DB team that competed at Alcan in June. FLCC also put together a women's senior DB team to join our mixed seniors team to compete in the BC Seniors Games in Comox winning gold in both the mixed and women's divisions against some very tough competition. This division is in the process of developing a competitive DB team.

The Outrigger Canoe (OC) division also continues to grow. The number of OC teams increases each year, with a growing demand for boats. Although it was primarily seen as a very useful cross-training, all-body workout for the Dragon Boaters, interest in racing has caused this to become a genuine discipline in its own right. Around a dozen teams have completed in CORA sanctioned regattas this year.

The Voyageur division has a strong core of paddlers for their year-round weekly recreational paddles. We also have voyageur trips including Barnston Island, Nicomekl River, Salmon River, and Harrison River. The voyageur members volunteer for school/community outings as well as annual community events such as Brigade Days re-enactment, parades, and Cranberry Races. This is often the entry level of paddling for many members before they discover the many alternative paddling opportunities that our club offers.

Our new docks and boathouse facilities are very well used and we have already run short of storage space. We are negotiating additional storage for big boats as well as a place for repairs and maintenance, which is urgently needed. We continue to search for dryland facilities to meet our needs. We currently rent a small space from the township for exercise rooms, showers, and office but would love to secure our own facilities for an FLCC clubhouse for all members to use and enjoy.

## KAMLOOPS CANOE AND KAYAK CLUB REPORT

### Kamloops Canoe and Kayak Club Highlights 2010

- A wonderful summer filled with friendships and good paddling for our athletes.
- Graham Funk as a coach: who was mentored by the extremely knowledgeable Chris Taylor
- The first, First Nations summer camp held in July
- Four weeks of full summer camps
- Six school group field trips
- Grants received RInc-new race course, HRDC grants-two summer employees hired, Direct Access Grant, Coaching Grant- Pacific Sport and Kamloops Blazer Society.
- Attended 8 regattas as a club
- 5 athletes attended Nationals and represented Kamloops for the first time in many years
- new course and new docks installed
- preparation for Western Canada Games well under way
- 6 new competitive members
- 1 KCKC members made high performance A time.
- 2 members made high performance B times.
- 6 KCKC members named to WCG Training Squad
- purchase several new boats
- hosted a Novice regatta



### Challenges for Kamloops Canoe and Kayak Club

- preparation for Western Canada Games
- coaching for our athletes
- volunteer burn out
- recruitment of new members

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## LOTUS SPORTS CLUB REPORT

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## MARATHON CANOE RACING ASSOCIATION OF BC REPORT

### Marathon Canoe Racing BC



I will begin with a brief history related to marathon canoe racing (includes kayak) in B.C. Formally, the association became a society back in 1979. In 1983, the Nationals were hosted in Kamloops when it was just a one day event. Soon after, the National body began multi-day Nationals events to include all divisions.

In 1986 Nationals were in Whistler under the direction of Michael Jordan and the local club. In 1991, the Nationals were hosted in Prince George by the Twin Rivers Club. Nationals did not return to B.C. until 1998 in Kamloops and then again

In 2003 under the direction of Darryl Spencer and the local club Enderby hosted the 2008 Nationals under the directorship of M.C.R.A.B.C. members at large, making B.C. at the top for Canada out of 31 consecutive Nationals. The range in numbers attending these events through the years has been 75 to 100 athletes.

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Outside of the provincial and national associations, there are many competitors in marathon canoeing and kayaking in the Yukon, Sask., Manitoba and Quebec. There are high numbers of aboriginals (NAG Games) not affiliated with either the provincial or national bodies. There does not seem to be the right kind of glue to harmonize all the above athletes in all the respective areas within one overall Marathon paddling association.

The most prestigious of all marathon canoe races is the La Classique International Canoe Race in Quebec held on Labor Day weekend every year. The hub area for marathon canoe racing in North America was is Quebec, New Hampshire, Vermont, Michigan and Minnesota. There are some Extreme Marathon paddling events worth noting such as Texas Water Safari and Yukon Canoe Quest. Extreme paddlers do not regularly attend local events.

Canadian National Marathon is affiliated with Canoe Kayak Canada as Marathon Canoe Racing Council and is not funded.

The development of the sport in Western Canada and U.S.A. has maintained Marathon paddling athletes but not shown significant growth in marathon type canoes and kayaks. One of the reason for this limited growth maybe the development of other paddling disciplines not as developed in eastern areas such as: outrigger and surfski paddlers in several communities. Outrigger dominates on waterways such as ocean and big lakes water bodies, i.e. Vancouver & Toronto. Several marathoners cross over to Outrigger and Surfski regularly. A new approach to competitive paddling is to "Paddle All" which means athletes maybe affiliated with more than one paddling association. Marathon type canoes & kayaks are most comfortable on smaller lakes, rivers and streams such as Prince George, Bellingham, Vernon, Kamloops and Victoria.

The Bellingham Ski to Sea Relay hosts up to 500 open canoe teams on the Nooksack River each year. This does not translate however into same folks attending regular marathon paddling events throughout the season.

Voyageur Canoes are raced in the Yukon Quest and Saskatchewan Quests but not lately in B.C. Voyageur canoes are used in Quebec (Rebaska).

In 2010 events held in the PNW were: Ft. Langley, Pitt River, Coquitlam, Prince George, Bellingham and Kamloops. The attendance at these events ranged between 20 and 50. Other notable events in 2010 were ELCC course in Ft. Langley which was the first of its kind in B.C. The certification is the first step towards Marathon paddling being recognized by Sport Canada and NCCP. In attendance were Alan Carlson, Darryl Spencer, Mike Jordan, Bruce Hawkenson, Wally Makortoff, Risa Greenwood and Ron Williams.

Later in May, the Western qualifier was held on the Pitt River for World Cup Marathon team in kayak. The AGM in May, 2010 at Fort Langley unanimously voted in favor of M.C.R.A.B.C. merging with Canoe Kayak B.C. to become CKBC – Marathon. A vote will be held at the 2010 AGM by CKBC to ratify the above or not.

The board of directors of CKBC presently are Sprint and Whitewater. Marathon picks up its insurance through CKBC under AllSport.

Thompson River Interior Paddle Sports – Club in Kamloops is developing Recreation (non race) and Competitive (race) arms within the club whereby registering all paddlers with Marathon this season.

Victoria Canoe & Kayak Club has had a marathon group for several years under the direction of Ron Williams. Their regular outing is Saturday mornings. Ron has been instrumental along with Gord Wallace, Helen Curry and others with Marathon Paddling.

Twin Rivers Club in Prince George has had a Grand Prix series each spring that runs for five weeks. This event is to promote the sport and has been going for about 25 years. Ian and Debbie Chadwick have recently moved from Prince George to Enderby where they intend on paddling with locals on the Shuswap River. They also intend on joining the Vernon Racing

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Canoe Club. Other Marathons in Vernon are Harry James, Glenn Bond, Bob Woodman and Scott Lemon. These paddlers also paddle outrigger and surfski.

Prepared by: Darryl Spencer (Past Chair)

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## NANAIMO CANOE AND KAYAK CLUB REPORT

### Highlights:

- Enthusiastic & committed group of Junior Development Team athletes in Sprint program
- Improved participation in regattas by our Junior Development Team & parents
- Greater recruitment from summer camps or courses into the Sprint program
- New boat purchases for the Outrigger Canoe training site (i.e. OC6 Bradley Lightning)
- Participation in BC Summer Games by Liz Kraft, Allyx Williams, Jared Miller, & Ashley Rowe
- Identification of Liz Kraft, Natasha Cross, and Ben Hall to the Pre-Western Canada Games Squad
- Valuable leadership development for Club youth while volunteering their service and experience to Club special events & summer programming
- Nicole Haywood's continued performance at the National Championships and beyond
- Hosting of a number of regattas locally: Crazy 8's & Shack Attack (outrigger & small boats race - March), Zone 6 BC Summer Games Trials (May), Island Regional Regatta (June), BC Championships & Divisionals (August)
- Received our 3<sup>rd</sup> year allotment of funds from Gaming and will be back to applying yearly again in 2011
- Spring Break Nanaimo Overnight Camp & Winter Sport Wonderland at Mt. Washington: March 8-13<sup>th</sup> - \$400 included accommodation, transportation, food, x-country, snow shoeing, skate skiing, tubing, biking, swimming, skating, circuit training, hiking, running, and paddling!
- May Long Weekend Sea Kayak Trip: May 21-24 - \$100 with Junior Development Team athletes to explore the Gulf Islands with 1 voyageur canoe, 1 double sea kayak, and 2 single sea kayaks, while tenting on Decourcy, hiking and exploring Valdez Island, and beach combed and did team bonding the rest of the time.
- Outrigger Canoe group took to the Broken Group Islands for a few days to adventure around and paddle to the various sites while viewing whales, sea lions, and eagles.
- NCKC women came in second in the outrigger long course nationals (master division)
- Recognition of dedicated athletes and volunteers within the Club: Kurt Raynor – President's Award, Nicole Haywood – Sport BC Senior Female Athlete of the Year nomination, Eduardo Rivas – Investor's Group Volunteer Sport Administrator Award



### Challenges:

- Volunteer burn-out (board of directors)
- Recruitment of new parents into various positions within the Club structure (intimidated)
- Boathouse project – lack of resources to successfully move it forward quickly

### NELSON CANOE AND KAYAK CLUB REPORT

It was another very good year for the club. Once again we had over 100 members. Thanks to the hard work of Jessica Lupton, our outgoing club coach, we were able to secure some grants. One was from the Columbia Basin Trust and the other was a HRDC Summer Placement for two coaches, Courtney and Cooper, the dynamic duo.

They ran a multitude of successful paddling courses here on Kootenay Lake, which introduced the sport to large number of youth and adults.

Thanks as well to MJ and Grant at CKBC for encouraging our club to prepare for and send a team to the BC Summer Games. By all accounts, it was a hugely appreciated opportunity for our group to attend and compete at the events in Fort Langley.

We secured a ten year lease agreement with the Nelson Rowing Club to share storage space in their Lakeside Clubhouse. We are also involved in Boathouse renovations involving lots of fresh cement and re-engineered boat-racks.

We also managed to delegate some administrative duties for a change, which has been a great way to avoid executive burn-out.

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### NORTHWEST BRIGADE PADDLING CLUB REPORT

#### **2010 Year in Paddling**

For 2010, the Club Executive consisted of Hardy Griesbauer as the club President, Matt Feagan as Vice-President, Rick Brine as Treasurer, and Chad Ridsdale as Secretary. Our AGM for 2010 was held in late November.

As with past years, the 2010 paddling season kicked off in late winter with our annual Brigade Pool Sessions. We rented space at the local municipal aquatic centre, provided some gear, and assisted people with learning flatwater skills. This year we had a very solid turnout and lots of new people coming out eager to learn the sport and become Brigade members. The venue we chose this year allowed the general public to see kayakers in action, so I think this was part of the reason we had so many people coming out! We held 7 pool sessions and by all measures it was a big success. Pool sessions ran until the end of April, right up until the rivers started flowing, the ice melted, and people were ready to head outdoors. This year there were a few keen veteran members willing to regularly take beginners to our local waterways and this continued through most of the season. Last weekend in June, we held our annual Prince George Paddling Festival out at the confluence of the Morkill and Fraser Rivers. This is a very beautiful area located in mountains east of Prince George, with numerous runs for all levels of paddlers. As with pool sessions, we had a great turnout including a solid contingent of tandem canoeists from Prince George. There were also people from Vanderhoof, Burns Lake, and Smithers. In terms of paddling, the rest of the season was mostly informal trips all over the central interior, including Terrace, McBride, Jasper, and Likely. A lot of our members made it out to the UnLikely Paddlefest, which is probably one of the most fun paddling events in western Canada.

This past season, the club logo was updated and turned into a t-shirt design. This had been considered for years before finally coming together this season and we are very pleased with how it turned out. The T-shirts were finished in early October and we will be looking to do another printing sometime in 2011. As far as the club guidebook goes, sales were

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about on par compared to previous years. Revenue from the guidebooks has been the main reason the club's finances have always been in decent shape.

Overall 2010 was a fantastic year in Prince George paddling at the Northwest Brigade Paddling Club. What is most encouraging is that for the first time in a few years, the club is actually growing in membership. That's all for 2010!! For more information please see our website at [www.paddlepg.ca](http://www.paddlepg.ca)

Outgoing Vice-President, Matt Feagan

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## PEMBERTON CANOE ASSOCIATION REPORT

Pemberton Canoe Association experienced another great year of growth and success. We take part in a whole range of paddling events and disciplines.

The main programs youth and adult dboat were successful. Our juniors won the Alcan Dboat again by a large margin over both BC and American teams, its 12th successive win. Some of our juniors are trying out for inclusion on the Junior National Team which will compete in the world championships next year in Florida. The Juniors also won the Junior Title at the Canadian Championships held this year in Whistler. Our Open team the Bald Eagles finished in the final at Alcan and finished second in the Guts and Glory. Our women finished a very close second to False Creek in both the sprint and LD events.

Our outrigger program involved juniors to senior masters. About 40 paddlers regularly paddle in our 3 OC-6s and our OC1-1s and OC-2. One of our paddlers Cheryl Skribe was crowned World Champion at the Outrigger worlds in Noumea and has just recently won, along with her teammates from a variety of other Canadian clubs, the Queen Lilliokalani, one of the best attended and most famous of the Hawaiian outrigger events.

We are looking forward to expanding our Outrigger sprint program next year with an eye to competing in the upcoming 2012 World Outrigger championships to be held in Calgary and invite other BC clubs to participate in this fantastic event.

Our flatwater programs came back to life this year with most of the kids representing Zone 5 at the BC Games coming from Pemberton. At the Games the kids excelled returning home with huge smiles and some 40 medals between them. The kids have continued to train and have taken part in several BC regattas since then.

We strung gates at our lake this year and initiated a white water program which will surely grow.

We look forward to increased Pemberton participation in our partner organizations Canoe Kayak BC, CORA and the DBC during the coming year. We thank Mary Jane for all her help and guidance in 2010.

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## PITT MEADOWS PADDLING CLUB



2010 was a year of continued successes and growth for PMPC.

### DRAGONBOAT

We currently have 2 active and independent dragon boat teams training at the club and will be hoping to continue our growth rate of one additional crew a year as we move to 2011. For the first time we have extended our lease to allow us to deliver our programs through the winter.

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We will be amalgamating all of our evening programs together for winter weekend sessions and will use either the dragonboats or the outriggers depending on the numbers that show. Early interest lies in training at least one competitive OC6 through the winter.



Our PaddleALL program is extremely busy and successful. We have a group of competitive athletes that train regularly as well as a large group of recreational paddlers who participate in a variety of boats. We have been extremely fortunate to have recruited a strong group of dedicated coaches for this program and extend a huge thank you to Emma, Carissa, Amy, Brian and Ryan. Three of our competitive paddlers participated in regattas this year including the National Championships where they won 2 silvers and a bronze medal. For one of our athletes this was his first trip on his own and certainly an experience he will never forget. The club discovered that traveling with a group of disabled athletes is a team effort and a huge thank you is extended to all who played a part in our 'expect the unexpected' expedition.

## COMPETITIVE PROGRAM

We had 3 athletes who participated in the BC Summer Games and who regularly attended regattas. One was able to gain a national competitive experience competing with Kamloops.

Others who paddle with regularity will be encouraged to attend some regattas next season. Having sent coaches to Nationals with our PaddleALL group, the club now has a goal to have a Junior Ladies War Canoe and C4's practicing with regularity.

## SCHOOL PROGRAMS

Our school programs continue to grow with programs in dragonboat, outrigger and small boats. Success and growth in this area is attributable to relationship building with local teachers and tailoring programs to meet their individual needs. We look forward to the revival of the BC School Dragonboat Championships.

## SUMMER PROGRAMS

In our third season, our summer programs are slowly beginning to fill and we are getting repeat visitors from previous years. We are thankful to HRSDC for supporting the club with a grant for two summer students.

## COACHING

We have made it a club policy to provide all of our coaches be they volunteer or paid with the coaching education they require for their role. As such this year we had Emma attend the National Team's PaddleALL Training camp in Florida; had coaches complete the CanoeKids Course and complete their First Aid Training.

## EQUIPMENT

Being a new club we are slowly acquiring equipment that meets the needs of a variety of members. In the past year we have purchased; marathon canoes, laser kayaks, a OC2 and some recreational kayaks. We thank those clubs who have shared their racing equipment with us so our athletes had opportunities to practice. We are excited to have recently organized electricity on site and will be completing shortly a chain link storage compound.

## COMMUNITY INVOLVEMENT

The club continues to ensure it is visible and active in the community participating in the Pitt Meadows Day Parade, Rivers Day Clean Up and providing volunteers for the Operation Red Nose Program. The club is represented on the Pitt Meadows Festival Committee and an active partner with the Alouette River Management Society.

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### RIDGE CANOE AND KAYAK CLUB REPORT



The glow of the success of TEAM BC in the 2009 CSG and the significant part that RCKC played in the strength of that team, carried on well into this year even though RCKC's pool of senior athletes shrunk considerably in 2010. At the 2010 Nationals RCKC athletes put on a good effort with a point total that was very respectable for a team of only 11 youth and 3 masters.

Over many years now, the Ridge Canoe & Kayak Club has produced skilled Sprint Canoe and Kayak athletes. We are proud of all of the accomplishments of our youth – not just their leadership and mentorship within the club, but also through their volunteer contributions back to the surrounding communities. And this year Ridge has seen the tremendous growth of yet another promising and talented athlete: Brian Malfesi. Brian's accomplishments this past season – both with an invitation to join the National Team at the Mexico City Pan American Championships, and his Gold Medal performance in the Juvie Men's K1 1000m at Nationals have been sufficient to keep all of RCKC's members cheering him on as he continues to work his way up. Besides training and practicing virtually every spare moment Brian can be found helping out and volunteering from time to time during our busy summer program season. Go Brian Go!

The Ridge Canoe & Kayak Club welcomed 2010 with a very successful February Dinner Fundraiser. The event raised over \$10,000 and brought us a new inflatable safety boat, followed by a new 9.9 HP motor, and a new trailer to move our current safety boat. The trailer was much needed and replaces the old disintegrating home-made trailer which - though it served well for so long – really just needed to retire.

This past year has been a busy one for the members of the WHONNOCK LAKE PADDLING AND RECREATION CENTRE PLANNING COMMITTEE. This group, chaired by Farron Fedechko has almost completed the documentation required to move towards an active campaign to raise funds for this important Maple Ridge project. The group's activities are helping to raise the profile of the RCKC and it is hoped that an active campaign can be launched in the near future. The committee is delighted for Farron but sad to announce that he will be stepping aside for the next two years. Farron is now attending UBC and we would all like to thank him for everything that he has done and wish him well as he works his way through a masters degree.

Looking ahead - the training squad for the 2011 Western Canada Games has been named and again many of the athletes are from Ridge – we are proud of the success of our club and hope that with plenty of effort all of them can make the final team.

In other areas of the club, RCKC's Dragon Boat teams competed this year and congratulations to Sherry Hunt -- DB coach and now Vice Commodore – this program is becoming a wonderful success. Also the RCKC's Masters and Adult fitness group is growing and this year 5 Masters Athletes Raced for Ridge at both the National Championships and CANMAS. Points for the club were earned in both events. At CANMAS the Ridge point total of 65 was a huge improvement over 2009 in Sherbrooke (when Ridge racked up an astonishing zero points ... *though in our defense I have to say, there were only 2 of us! - and several races were scratched due to injury*)

Again this year RCKC's Summer Programs have been overall a good success – some programs were down but others were booked solid with waiting lists. Virginia Kuran deserves a special thank you from all of us at Ridge for her dedicated planning and coordination of this key part of RCKC's ongoing mandate of giving back to the surrounding communities.

## CanoeKayak BC – Annual Report – 2009-10

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Our Head Coach Peter Majewski has a thriving, energetic and ambitious young group of athletes. As they develop we are looking for them to follow the lead of RCKC alumni and we expect that they will form an important core group within the BC Teams going to Western Canada Games and Canada Games in the years to come.

RCKC will finish 2010 with the Ghost Ridge Fundraiser (which every year has proven to be too much fun to turn down!) and with a “quick” renovation of our current boathouse and weight room. Much thanks is owed to the generosity of members and their families who have donated time and materials for repainting, cleaning, repairs and the full installation of new flooring. Thank you everyone!

Just a few closing thoughts about our sport and the club which I have served for the past 3 years. I will be stepping aside as Commodore of RCKC and stepping into the position of Past Commodore which Virginia Kuran has managed so admirably for the past 2 years. Sean Franklin now assumes the role of RCKC Commodore and I am sure he will guide the club towards success and stable future growth.

It has been my privilege to help guide RCKC for this past few years, and looking back (somewhat) it is clear to me that RCKC really is a very special place where kids can develop through the sometimes difficult years from age 10 to adult-hood. But I have also come to realize that RCKC has place for every member of the entire family regardless of the level of skill or participation. By continuing to find ways for everyone to participate and contribute the Ridge Canoe & Kayak Club can be assured of a strong future and the development of many more skilled and talented Sprint Canoe Kayak athletes.

Michael van Meel  
Commodore RCKC

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## SQUAMISH PADDLING CLUB REPORT



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## VICTORIA YOUTH PADDLING CLUB REPORT



and promotional materials this spring.

The club continues to establish itself and recruit new members. Our largest influx this fall being Junior Racers. Program structure and coaching is increasingly multi-discipline as we have found that by mixing it up a bit we have been able to meet the needs of more youth in our community. Volunteer recruitment and workload is being addressed. A club growth plan is in the works with a strategic planning meeting set for October-end. The club invested approx \$1,500 in print advertising

**Flatwater sprint racing** is our most established program. We had 3 athletes compete at the Nationals in August 2010. This met one of the goals established when the club was first conceived five years ago. Our largest challenge with this program is the high travel costs.

## CanoeKayak BC – Annual Report – 2009-10

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We have continued to expand our **whitewater slalom** program under the direction of Tim Marks. The club added 4 new slalom kayaks, paddles and skirts this year. We hosted our 2<sup>nd</sup> annual Indoor Slalom race in January with 15 (mostly youth) athletes attending. We had athletes compete at the Junior National Team Trials in May 2010.

We continue to offer the CKBC **school dragon boat** program in partnership with Victoria Canoe & Kayak Club. For the past two years we have had one school attend the Burnaby Lake championship, and we hope to involve more schools this year.

Due to the success of our **youth dragon boat team**, taking 7<sup>th</sup> out of 28 teams at the 2009 Alcan Dragon Boat Festival, we have continued with our dragon boat program. This year our youth placed 1<sup>st</sup> in the Silver category, a full 5 seconds ahead of the other adult teams, at the 2010 **Victoria Dragon Boat Festival**. The team has started to create a name for itself and as a result was sponsored by Canada Dry. Canada Dry has since informed us they will be sponsoring our team next year at the three major dragon boat festivals.

We had successful competitors at **BC Games** this year. Over the next two years, we will be developing a **competitive outrigger** program, aimed primarily at ages 16 to 19, in preparation for the 2012 Worlds, to be held in Canada.

### Coaching Updates

It was with much appreciation that we said farewell to **Matthew Christie**, who has been our Head Coach since 2007. Matthew has helped develop our programs "from the ground up" and he has raised the level of our sprint kayaking athletes over the past three years. We also thank Adam Christie, for his help over a six month period.

We are pleased to welcome **Marcus Krieger** as Club Coach. A former VYPC athlete, Marcus was also a member of the VI'Va outrigger team, and his skills include sprint kayak, outrigger canoe and surfski. Marcus will be supported by Jaden Langford who takes on the role of Interim Head Coach. We also welcome Assistant Coach Lisa O'Donohue, who brings her skills and coaching experience from Rideau Canoe Club.

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## VANCOUVER KAYAK CLUB

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## VICTORIA ISLAND WHITEWATER PADDLING SOCIETY



THE VANCOUVER ISLAND WHITEWATER PADDLING SOCIETY

### Membership and Communication:

The Vancouver Island Whitewater Paddling Society reconfirmed \ welcomed 95 members through registration at the Puntledge Paddling Festival, May 28-30, 2010. The Society re-launched its website to a blog format and created a FaceBook page to enable greater information sharing among members. Seamless communications on upcoming events such as dam releases or news such as new wood hazards in popular paddling rivers is now easier and faster to disseminate.

### River Stewardship and Conservation:

## CanoeKayak BC – Annual Report – 2009-10

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The Society continued its education and advocacy efforts with the IPP project on the Kokish River. Corporate interests however continue to skew the river's valuation as an important ecological and recreational resource.

In partnership with the Cowichan River and Lake Stewardship Committee and Warm Rapids Inn, the Society members participated in a clean-up of the Marie Canyon section of the Cowichan on World Rivers Day in late September. Due to the good working relationships with BC Hydro and the Operator of the Cowichan River weir, the Society is able to disseminate information on water releases on the Cowichan and Puntledge in a timely manner with the membership.

An opportunity was brought to the attention of VIWPS to incorporate a play feature into larger river modifications to support salmon habitat on the Campbell River. The Society made a financial contribution, while In-kind contributions were provided by the BC Salmon Foundation, Catalyst Inc., and members of the Campbell River Search and Rescue.

### Education and Paddler Development:

Society member, Warm Rapids Inn, provided a beginner clinic at the Puntledge Paddle Festival. At the fall surf kayak festival, Coastal Bliss Adventures and Warm Rapids Inn offered a beginner clinic as well. Members based in Campbell River and at the University of Victoria organized kayak rolling sessions at pools in their respective communities.

Rose Sirois

Secretary

Vancouver Island Whitewater Paddling Society