

2010 High Performance Program

Squad Selection Criteria

Goals

1. The CanoeKayak BC High Performance Program will produce gold medalists at National Championships, at Canada Games and Western Canada Summer Games.
2. We will recognize and support athletes who have a potential to make Junior, U23 and Senior Development and National Teams and who have shown a commitment to training to achieve this objective.
3. The CanoeKayak BC High Performance Program will successfully transfer our most talented athletes from the Midget and Juvenile age groups to become successful Senior National Team members.

Objectives

1. Identify BC athletes by their level of performance
2. Compare performances of athletes in different racing ages
3. Compare performances of athletes in different disciplines
4. Compare performances of athletes in different crews
5. Be inclusive for both sexes
6. Provide project subsidies according to the athlete's level of performance (when available)
7. Provide all CanoeKayak BC members with clear and transparent selection criteria that will focus on individual long term athlete development.

Identification

Athletes may be named to the High Performance Program by meeting one of the following criteria;

1. National Team Selection or CKC Team Selection
2. Achieving BC HP Squad Time Standards
3. Achieving BC HP Performance Standards

NOTE: ALL athletes named to the High Performance Program MUST attend National Championships. Time nominations prior to the National Championships will be noted as 'pending'.

For the purposes of funding:

HP Squad status will be effective immediately and will include the event in which the athlete achieved the standard.

1. National Team Identification

Athletes selected by CanoeKayak Canada to any level of the National Team Program or to represent Canada on a National Team project will automatically be placed on the High Performance A Squad as a Team BC ELITE for the following year provided all other components of selection continue to be met.

2. High Performance Squad TIME Standards

CKBC athletes must achieve the listed time standards at any of the following competitions in 2010. The CKBC Time Standards are within 2 - 4% of the CKC National Teams Time Standards.

HIGH PERFORMANCE SQUAD "A"

Times in brackets are the Canadian Canoe Kayak - performance standards (Selection National Teams).

In the event the National Team Standards for the 2010-11 season are significantly different from those used below adjustments will be made to these times and posted on www.canoekayakbc.ca

Group/ Boat	200 singles	500 singles	1000 singles	500 doubles	1000 doubles
Senior Men Kayak	Performance based results	1:44 (U23 1:43)	3:42 (U23 3:40)	1:35 (U23 1:33.5)	3:25 (U23 3:19.5)
Senior Men Kayak 1st Yr		1:45	3:45	1:36	3:27
Senior Women Kayak		1:58 (U23 1:57)	4:10	1:50 (U23 1:47.5)	3:52
Senior Women Kayak 1st Yr		1:59	4:14	1:52	3:54
Senior Men Canoe		1:58 (U23 1:55.5)	4:10 (U23 4:03)	1:49 (U23 1:47.5)	3:49 (U23 3:43.5)
Senior Men Canoe 1st Yr		1:59	4:14	1:50	3:50
Senior Women Canoe		2:24	4:58	2:10	4:38
Senior Women Canoe 1st Yr		2:25	5:00	2:14	4:42
Juvenile Men Kayak	Performance based results	1:46 (U18 1:44)	3:47 (U18 3:45)	1:37 (U18 1:35)	3:30 (U18 3:27)
Juvenile Men Kayak 1st Yr		1:48 (U17 1:45)	3:50 (U17 3:47)	1:38 (U17 1:36)	3:32 (U17 3:29)
Juvenile Women Kayak		2:02 (U18 1:59)	4:20 (U18 4:12)	1:52 (U18 1:50)	4:00 (U18 3:52)
Juvenile Women Kayak 1 st Yr		2:04 (U17 2:00)	4:22 (U17 4:14)	1:54 (U17 1:51)	4:02 (U17 3:54)
Juvenile Men Canoe		2:02 (U18 1:55.5)	4:20 (U18 4:11)	1:52 (U18 1:49)	4:00 (U18 3:50)
Juvenile Men Canoe 1st Yr		2:04 (U17 1:59)	4:22 (U17 4:13)	1:54 (U17 1:50)	4:02 (U17 3:52)
Juvenile Women Canoe		2:28	5:06	2:16	4:44
Juvenile Women Canoe 1st Yr		2:30	5:10	2:18	4:50
Midget Men Kayak	Performance based results	In Juv. races	4:00	In Juv. races	3:44
Midget Men Kayak 1st Year		1:52	4:04	1:44	3:48
Midget Women Kayak		1:54	4:28	1:58	4:10
Midget Women Kayak 1st Year		2:10	4:32	2:00	4:12
Midget Men Canoe		2:11	4:30	2:00	4:10
Midget Men Canoe 1st Year		2:10	4:32	2:02	4:12
Midget Women Canoe		2:37	5:20	2:24	5:00
Midget Women Canoe 1st Year		2:40	5:30	2:30	5:10

HIGH PERFORMANCE SQUAD "B"

Group/ Boat	200m singles	500 singles	1000 singles	500 doubles	1000 doubles
Senior Men Kayak	Performance based results	1:46	3:46	1:36	3:30
Senior Men Kayak 1st Yr		1:47	3:48	1:38	3:32
Senior Women Kayak		2:00	4:14	1:51	3:52
Senior Women Kayak 1st Yr		2:01	4:16	1:52	3:56
Senior Men Canoe		2:00	4:14	1:51	3:52
Senior Men Canoe 1st Yr		2:01	4:16	1:52	3:56
Senior Women Canoe		2:28	5:06	2:18	4:50
Senior Women Canoe 1st Yr		2:30	5:10	2:20	4:54
Juvenile Men Kayak	Performance based results	1:50	3:52	1:39	3:34
Juvenile Men Kayak 1st Year		1:52	3:54	1:41	3:36
Juvenile Women Kayak		2:06	4:28	1:56	4:08
Juvenile Women Kayak 1st Yr		2:08	4:30	1:58	4:10
Juvenile Men Canoe		2:09	4:32	1:58	4:08
Juvenile Men Canoe 1st Year		2:10	4:36	2:00	4:10
Juvenile Women Canoe		2:32	5:12	2:22	4:56

Juvenile Women Canoe 1st Yr		2:38	5:20	2:30	5:12
Midget Men Kayak	Performance based results	In Juv. races 1:58	4:12	In Juv. races 1:49	3:54
Midget Men Kayak 1st Year		2:00	4:20	1:54	4:02
Midget Women Kayak		2:10	4:39	2:04	4:16
Midget Women Kayak 1st Yr		2:12	4:42	2:06	4:20
Midget Men Canoe		2:15	4:40	2:08	4:20
Midget Men Canoe 1st Year		2:20	4:42	2:12	4:24
Midget Women Canoe		2:40	5:45	2:36	5:10
Midget Women Canoe 1st Yr		2:50	5:55	2:42	5:30

DEVELOPMENT SQUAD

Group/ Boat	500 singles	1000 singles	500 doubles	1000 doubles
<u>SENIORS</u>			Not eligible for Performance Standards	Not eligible for Performance Standards
Men Kayak	1:51	3:51		
Women Kayak	2:04	4:22		
Men Canoe	2:04	4:22		
Women Canoe	2:34	5:25		
<u>Juvenile (2nd and 1st year)</u>			Not eligible for Performance Standards	Not eligible for Performance Standards
Men Kayak	1:55	3:58		
Women Kayak	2:10	4:38		
Men Canoe	2:12	4:44		
Women Canoe	2:40	5:30		
<u>Midget 2nd Year (1992)</u>				
Men Kayak	2:05	4:24	1:56	4:08
Women Kayak	2:15	4:50	2:08	4:30
Men Canoe	2:30	5:10	2:20	4:50
Women Canoe	3:00	6:15	2:50	5:50
<u>Midget 1st Year (1993)</u>				
Men Kayak	2:10	4:30	1:58	4:10
Women Kayak	2:17	4:56	2:12	4:34
Men Canoe	2:38	5:16	2:28	4:50
Women Canoe	3:10	6:25	2:54	6:00

Each athlete will have multiple opportunities throughout the competitive season to demonstrate his/her level of performance. Provided the following competitions have an approved regatta course, and sanctioned officiating they will be deemed eligible regattas:

- 🚣 National Team Trials
- 🚣 Ted Houk Regatta (Seattle)
- 🚣 Canada Day Regatta
- 🚣 Lake Placid International Regatta
- 🚣 BC Championships/National Qualifiers Regatta
- 🚣 Western Canadian Championships
- 🚣 National Championships
- 🚣 Pacific Cup (Ridge/500m only)
- 🚣 USACK Championships
- 🚣 Other international regattas
- 🚣 Athletes competing at events not listed above should send a letter to the HP Management Committee requesting that the competition be considered.

3. High Performance Squad PERFORMANCE Standards

- All high performance athletes have further opportunities to establish themselves onto the HPA squad by achieving the following PERFORMANCE standards:

- **National Team Trials** - Qualifying for an 'A' final in either Senior or Junior singles category (If there are no heats to create finals in order to have deemed to have achieved this standard the athlete must be within the top 56% of all boats in the event.)
- **National Championships** - Qualifying for an 'A' final in Midget, Juvenile, Junior or Senior singles category (If there are no heats to create finals in order to have deemed to have achieved this standard the athlete must be within the top 56% of all boats in the event.) Midgets participating in the 6000m event are deemed to have achieved a HPA standard by finishing in the top 9 in the event.
- All high performance athletes have further opportunities to establish themselves onto the **HPB squad** by achieving the following **PERFORMANCE** standards:
 - **National Team Trials** - Qualifying for a 'B' final in Senior (with a minimum of 6 Sport Canada Carded athletes competing) singles category. In the case of women's canoe, athletes must finish in the top 8 of the A Final.
 - **National Championships** - Qualifying top 5 in an 'A' final in Midget, Juvenile, Junior or Senior doubles category or qualifying top 3 in an 'A' final in Midget, Juvenile or Senior fours category. In the case of women's canoe, only midget and juvenile events will be eligible for this standard

Removal Process

1. BC ELITE, HP A, B and Development athletes will lose their HP Status by failing to participate in Fall and Winter Testing (Dry land Olympics).
2. BC ELITE, HP A,B and Development athletes will lose their HP Status by failing to compete in the Key Competitions prescribed for their HP level and status competition
3. Removal decisions shall be made by the Provincial Coach, or designate.
4. Athlete who is facing removal will be officially noticed in writing (by Provincial Coach) about risk of removal. This is in order to help athlete to correct the situation.

Appeals

5. In the event that an athlete is not satisfied with a selection or removal decision there are two avenues for appeal:
 - a. The athlete may ask the Provincial Coach, or designate to review the decision.
 - b. If the athlete is not satisfied with the outcome of the review, he/she may appeal the decision.
 - i. Appeals must be made in writing and delivered to the CANOEKAYAKBC Office.
 - ii. The Appeal will be heard by a panel made up of the Vice President High Performance, the Flag Officer and a third party named by the CKBC Executive.
 - c. At any time during the review/appeal process, the athlete may be required to provide evidence demonstrating satisfactory achievement in each of the three selection components.

HIGH PERFORMANCE Squad Streaming

As a part of the Canadian Sport Centre Pacific/PacificSport athlete support program, CKBC Athletes within the High Performance Program are further ranked by the High_Performance Management Committee into the following categories;

Podium Athletes

- Athletes targeted by Podium Canada will be identified as Podium athletes.

Canadian Elite Athlete

- Athletes training in British Columbia who currently receive Sport Canada Athlete Assistance Program funding will be identified as Canadian Elite athletes.

BC Elite Athlete

- Athletes nominated to a CanoeKayak Canada Team

BC Development Athlete

- BC athletes demonstrating the potential to meet the “BC Elite athlete criterion” according to their sport specific performance development pathway (LTAD) will be identified as BC Development athletes. Nominated athletes **must be priority ranked based on performance indicators** due to the potential capacity limitations of each Centre.
- Priority will be given to those athletes achieving HP A standards followed by those achieving HP B status

BC Regional Athlete

- HP Development athletes will be nominated for services. Each Centre will determine their eligibility based on their criteria AND space available.
- NOTE: Fraser Valley athletes may only be nominated as a Regional athlete for one year. In subsequent years they must achieve a Development status.

Summary of Athlete Level evolution:

CSC Pacific & PacificSport Levels	Old IPS Levels	Old Levels	Services
Canadian Elite	Sport Canada (SR) Sport Canada (SR-1) Sport Canada (SR-2)	Gold	Access to services in all Centres
	Sport Canada (C-1) Sport Canada (D)	Silver	
British Columbia Elite	(<i>footnote</i>)	National Team	Access to services within Centre of registration
	(Level 1) Provincial (Level 1A) Provincial (Level 2) Provincial	Provincial	
British Columbia Development	(Level 3) Centre Talent pool athletes	Centre	Centre registration determined based on capacity

(Footnote) - National Team athletes not currently Sport Canada Carded could potentially be identified either by the NSO or PSO.

Athletes are encouraged to participate in the events that are appropriate to their LONG TERM development.



Training diaries must be made available at the request of the High Performance Program Committee.