

Canoe / Kayak

August 5-9, 2011



Teams:

Team	Male	Female	Coaches	Team staff	Total
Alberta	8	8	1	2	19
BC	8	8	1	2	19
Saskatchewan	8	8	1	2	19
Manitoba	8	8	1	2	19
NWT					
Totals					76

Venue: Shumway Lake

Competition Format:

- Mens, Womens C1, C2, C4, K1, K2, K4
- 200m, 500m, 1000m, 6000m – C1, C2, K1, K2
- 200m, 500m, 100m – C4, K4
- Mixed War canoe – 500m
- Singles – 3 P/T; Doubles 2 P/T; 4's 1 P/T

Friday, Aug. 5, 2011

Time	Event
1:00 – 5:00	Practice
1:00	Lunch boxes at the Venue or at the Athletes Village
8:00	Opening Ceremonies at ISC

Saturday, August 6, 2011

Time	Event
10:00	Practice
12:00	Lunch boxes at the Venue
1:00 – 4:00	Practice
4:00	Coaches, Managers, and Officials Meeting at Shumway Lake

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Sunday, August 7, 2011

Time	Events
9:00	Sport Opening Ceremonies
9:15 – 12:15	Event Heats
12:15	Lunch boxes at the Venue
1:15 – 5:30	Heats and Finals and Medals Presentations

Monday, August 8, 2011

Times	Events
9:00 – 12:30	Heats and Finals
12:30	Lunch boxes at the Venue
1:30 – 4:30	Finals
4:30	Medals Presentations

Tuesday, August 9, 2011

Time	Events
9:00 – 12:00	Finals
12:00	Lunch boxes at the Venue
1:30 – 3:30	Finals
3:30	Medals Ceremonies

Coaches, Managers and Officials' Meeting

- Introductions
- Venues – pickup/drop off, change rooms, lunches, practice schedule, equipment, athlete areas, ...
- Rules – technical package, substitution, officials
- Field of Play
- Schedules and Results
- Team colors, numbers and uniforms
- Sport Ceremonies