



# CanoeKayak Canada - Whitewater Emergency Action Plan

LOCATION: Capilano

DATE: June 23<sup>rd</sup> 2010

TIME IN: 6:30 pm

TIME OUT: 8:30 pm

TRIP LEADER: Iain Rogers

ASSIST. LEADER: Amy Whitaker

FIRST AID LEADER: 1. Amy 2. Erich

COMMUNIC. LEADER: 1. Iain 2. Jo

## MAP of river and surroundings

### RIVER ACCESS POINTS:

- ◆ PUT-IN & TAKE-OUT
- ] [ BRIDGE
- ∩ DAM
- PAVED ROAD (INCLUDE NUMBER)
- ... DIRT ROAD
- ... TRAIL
- ++ RAILWAY TRACKS

### SPECIAL HAZARDS:

- [W WATERFALL (INCLUDE HEIGHT)
- ... P PORTAGE (INCLUDE DISTANCE)
- /// DIFFICULT RESCUE AREA(S)

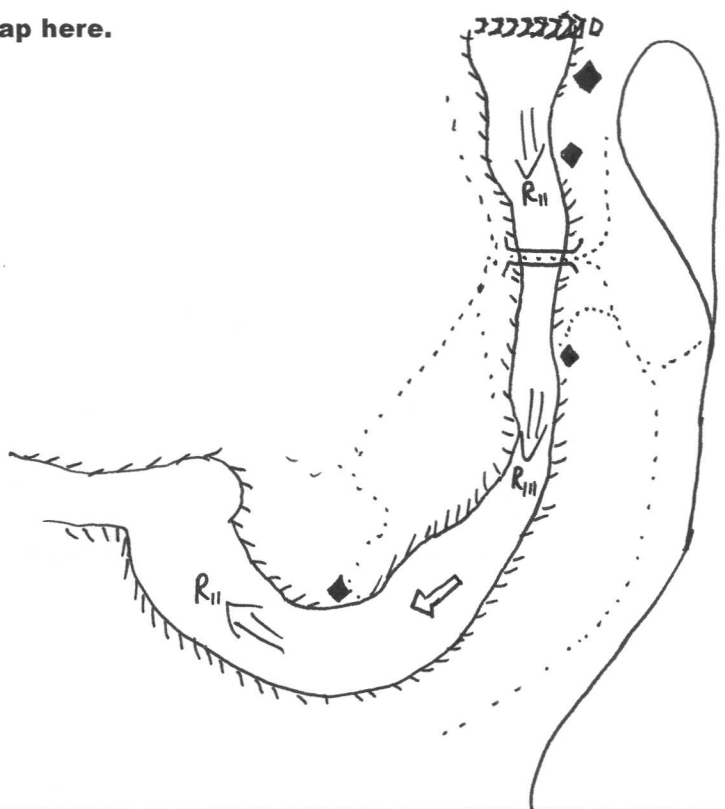
### RIVER CLASSIFICATION

- =>R RAPID (INCLUDE DIFFICULTY R<sub>I</sub> TO R<sub>VI</sub>)
- >L LEDGE (INCLUDE DIFFICULTY I TO V)
- ⇨ DIRECTION OF WATER FLOW

### OTHER IMPORTANT DETAILS:

- ⇨ H DIRECTION TO HOSPITAL
- ⇨ PH PAY PHONE
- ♡ EVACUATION OPTIONS  
(INCLUDE A BRIEF DESCRIPTION OF CONDITIONS WHEN NOT ALREADY SPECIFIED) ...

Place image of map here.



**PARTICIPANTS :**

NAME	MEDICAL ISSUES	E.C.P. & CONTACT NUMBERS
Rob		
Arnt		
Gen		
Dom		

**VEHICLES :**

MODEL	LICENSE PLATE	LOCATION OF KEYS
Subaru Impreza	334 JWT	Passenger Wheel Well
Bentley	123 ABC	"

**IN CASE OF EMERGENCY**

- 1) ENSURE SELF SAFE
- 2) ENSURE NO OTHERS IN DANGER
- 3) ALL PADDLERS STOP & MEET
  - a) EXTRACT VICTIM
- 4) STABILISE VICTIM (USE SOAP NOTES)
  - a) LEVEL OF CONSCIOUSNESS
  - b) BREATHING
  - c) CIRCULATION
  - d) C-SPINE
  - e) DISSABILITY (NEUROLOGICAL)
  - f) EXTREMITY TRAUMA & EXPOSURE

**5) FIRST AID KITS (TREAT VICTIM AS NEEDED)**

6) EMERGENCY CONTACT - 911? OR _____	NAME	NUMBER	ADDRESS
a)	HOSPITAL: Lion's Gate	604 988 3131	231 E 15 <sup>th</sup> Ave
b)	PADDLEGR:		
c)	PARKS: Hatcher	604 666 1790	4500 Capilano Park Rd
d)	FORESTRY:		

7) LOCATION OF CELL PHONES : NUMBER	OWNER	LOCATION
a) <del>604 988 3131</del>	Iain	Put in (Driver door)
b) <del>604 988 3131</del>	Amy	Take out "

**8) LOCATION OF PAY PHONES :**

- 9) EVACUATION - PREPARATION OF :**
- a) 1 - PADDLER IN NEED OF CARE ;
  - b) 2 - REQUIRED GEAR

**10) GROUP MAINTENANCE**