



CanoeKayak Canada - Whitewater Emergency Action Plan

LOCATION: Seymour River - Lower Run
TIME IN: 11am
TRIP LEADER: Amy Whitaker

DATE: 24th Oct 2010
TIME OUT: 2-30pm
ASSIST. LEADER: Craig Wilson

FIRST AID LEADER: 1. Erich Heidums 2. Amy Whitaker / Joana Bernat
COMMUNIC. LEADER: 1. Amy Whitaker 2. Debbie Arnold

MAP of river and surroundings

RIVER ACCESS POINTS:

- ◆ PUT-IN & TAKE-OUT
-] [BRIDGE
-] D DAM
- PAVED ROAD (INCLUDE NUMBER)
- ... DIRT ROAD
- ... TRAIL
- ++ RAILWAY TRACKS

SPECIAL HAZARDS:

- [W WATERFALL (INCLUDE HEIGHT)
- ... P PORTAGE (INCLUDE DISTANCE)
- /// DIFFICULT RESCUE AREA(S)

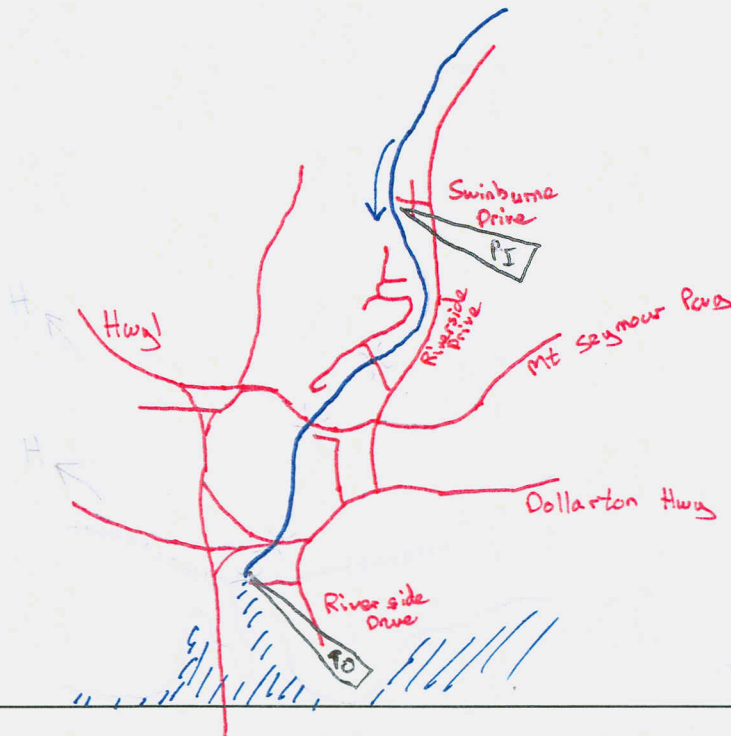
RIVER CLASSIFICATION

- =>R RAPID (INCLUDE DIFFICULTY R1 TO Rv1)
- >L LEDGE (INCLUDE DIFFICULTY I TO V)
- ⇨ DIRECTION OF WATER FLOW

OTHER IMPORTANT DETAILS:

- ⇨H DIRECTION TO HOSPITAL
- ⇨PH PAY PHONE
- ♡ EVACUATION OPTIONS
(INCLUDE A BRIEF DESCRIPTION OF CONDITIONS WHEN NOT ALREADY SPECIFIED) ...

Place image of map here.



PARTICIPANTS :

NAME	MEDICAL ISSUES	E.C.P. & CONTACT NUMBERS
Amy Whitaker	/	Lynn Francis +44 1926 726 014
Debbie Arnold	/	Mrs Arnold 604 729 3612
Joanna Bernet	/	Kevin 778 293 4672
Mark McPhee	/	Mrs Arnold 604 729 3612
Erich Leidens	/	Sabine Leidens 705 685 9261
Arndt Becker	/	James 604 630 5947
Caro Brand	/	" "
Craig Wilson	/	Rob Wilson 778 205 6192
VEHICLES : Dom Wilson	/	" "

MODEL	LICENSE PLATE	LOCATION OF KEYS
Volvo	V137 SKL	Boat
Passat		"
Saturn		Person - Joana
Ford		Person - Dom

IN CASE OF EMERGENCY

- 1) ENSURE SELF SAFE
- 2) ENSURE NO OTHERS IN DANGER
- 3) ALL PADDLERS STOP & MEET
 - a) EXTRACT VICTIM
- 4) STABILISE VICTIM (USE SOAP NOTES)
 - a) LEVEL OF CONSCIOUSNESS
 - b) BREATHING
 - c) CIRCULATION
 - d) C-SPINE
 - e) DISSABILITY (NEUROLOGICAL)
 - f) EXTREMITY TRAUMA & EXPOSURE
- 5) FIRST AID KITS (TREAT VICTIM AS NEEDED)

Fire dept : 604-980-7575
Lynn Valley

EMERGENCY CONTACT - 911? OR	NAME	NUMBER	ADDRESS
a) HOSPITAL:	hans Gate	604-983-3131	231 East 15th street N Van
b) PADDLER	Phil	604-779-939-7445	33 West 13th street Van
c) PARKS:	N/A		
d) FORESTRY:	N/A		

LOCATION OF CELL PHONES : NUMBER	OWNER	LOCATION
a) 778 974 2121	Debbie	Red dry bag in boat
b) 604 762 4332	Dom	green dry bag in boat

8) LOCATION OF PAY PHONES : Mt Seymour Pkwy & Dollarton Hwy

- 9) EVACUATION - PREPARATION OF :
 - a) 1 - PADDLER IN NEED OF CARE ;
 - b) 2 - REQUIRED GEAR
- 10) GROUP MAINTENANCE