



EMERGENCY ACTION PLAN

Thompson River, Lytton, BC
BC DownRiver Championships 31 August 2008



Emergency Phone Numbers (Lytton):

Emergency:	911
Ambulance:	250-455-2424
Police (RCMP):	250-455-2225
Fire Dept:	250-455-2393
Hospital (844 Main St.):	250-455-2221
Medical Clinic (844 Main St.):	250-455-2202
Kumsheen Rafting	250-455-2296
Nicomén House (put-in)	250-455-6623

Locations of Phones:

1. Put-in: Nicomen House on lower level of Nicomen Indian Reserve
2. Take-out: Gas station at top of hill, on Hwy 12
3. Skihist Provincial Park, on eastbound side of Hwy 1, 6km east of Lytton
4. Other: Kumsheen Raft Adventures Ltd., 1345 Trans-Canada Highway, 5 Km east of Lytton

Site Location Details:

General:	From Vancouver, BC, follow the Trans-Canada Hwy #1 to Lytton. Approx. 3 hrs.
Put-in:	From Lytton follow Hwy #1, going East towards Spences Bridge. Approx. 15.5 km to a pull-out on the right just after a rail road bridge that crosses the highway (N50 16.045 W121 24.064)
Sprint take-out:	Approx. 1.5Km downstream, at Witches Cauldron, bottom of Devil's Kitchen rapid
Classic take-out:	Approx. 16.5 km downstream from put-in. From Lytton, take Hwy 12 north (to Lillooet) and park about 100 meters past the bridge across the Thompson (N50 14.372 W121 34.768). There is a small gas bar on right side of road.

Charge Person/Incident Commander:

Andrew Mylly
Cell phone 604-329-3305

Charge Person Alternate:

Braden Fandrich
Phone 604-966-8111

Alternate Contact:

Kumsheen Raft Adventures Ltd.
250-455-2296

Call Person:

Mary-Jane Abbot, Exec. Director, CKBC
Phone 604-465-5268

Call Person Alternate:

Elizabeth Grimaldi, President, CCE
Home phone 604-858-0692

First Aid Attendant:

Andrew Mylly 604-329-3305



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Available Rescue & First Aid Supplies (in Toyota RAV4, license 653JWH, at take-out):

Backcountry First Aid Kit
Extraction/Pin Kit
Throw Rope

Primary Hazard Analysis:

- Flush drowning in heavy whitewater after swim
- Hypothermia after extended swim or pin
- Head and spinal cord injuries, other blunt trauma injuries from contact with rocks
- Cuts, scrapes, and abrasions from contact with rocks
- Drowning due to unconsciousness after impact to head
- Entrapment or pin – midstream rocks; injury or drowning/death
- Loss of equipment i.e. paddle and boat
- Injuries from trips or falls on shore at put-in or sprint take-out
- Medical issues arising during race; few locations to take-out, no help nearby
- No safety support on course possible due to length

Mitigation Measures:

- Event advertised as “Experts Only”. All participants must have a bomb-proof roll and be comfortable in big class IV whitewater.
- Mandatory that paddlers wear basic safety equipment; Helmet, PFD, Footwear.
- Mandatory that boats have airbags and grab loops
- Mandatory that participants provide safety support to each other
- First Aid and Rescue equipment available in charge person’s vehicle
- Trained people on-site available to use First Aid and Rescue equipment
- Emergency Action Plan posted at registration and at charge person’s vehicle
- Local EMS, Fire, Police, etc. advised of event
- Participants will be CanoeKayak BC members, and will complete a “Personal Health Form” and “CanoeKayak BC Waiver of Liability” form

Emergency Response:

- Treat ABC’s, activate EMS – Dial 911

Attachments:

Hospital location map
Course maps

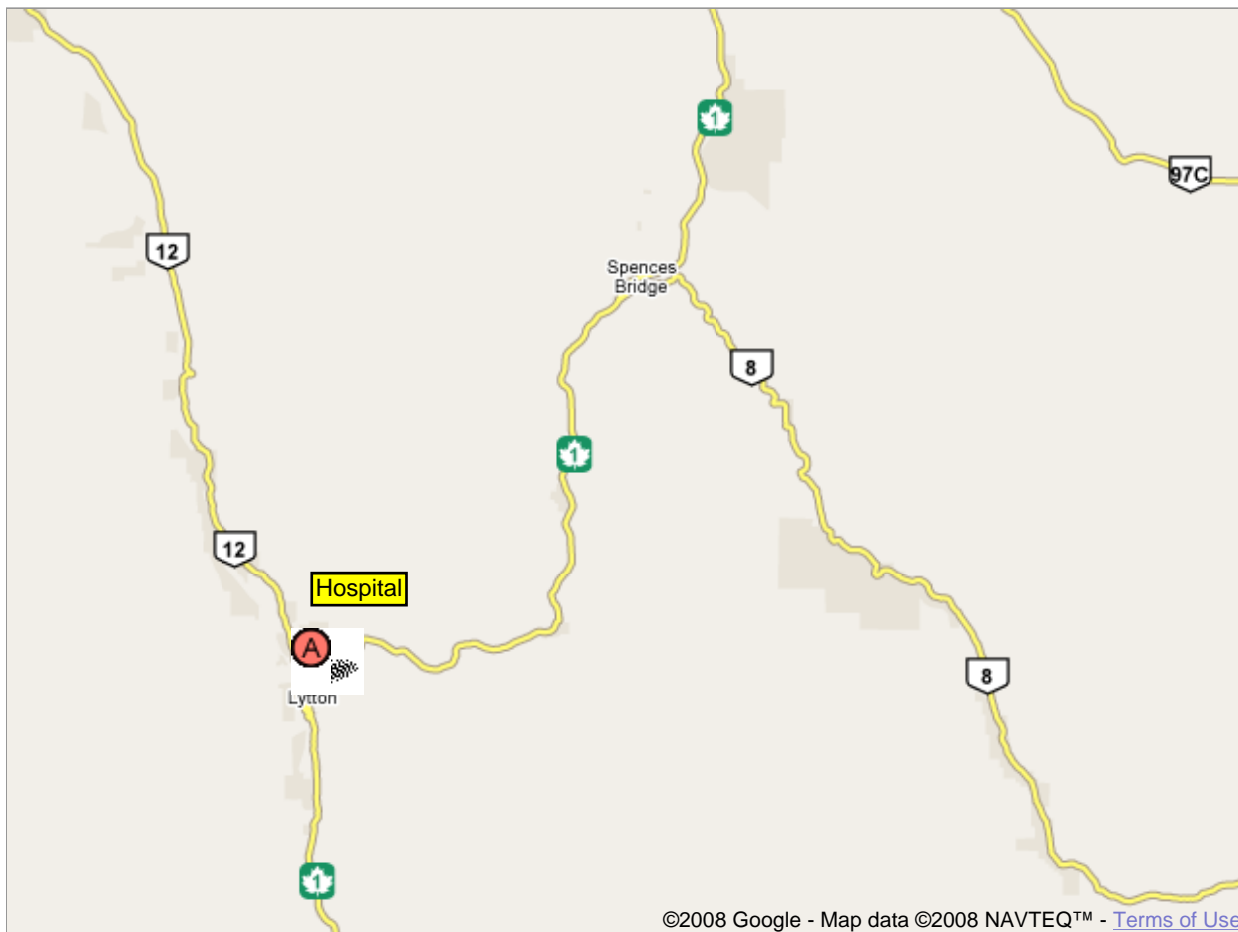


Results 1-8 of about **67** for **hospital** near
Lytton, BC, Canada



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| <p>A. St Bartholomew's Hospital
844 Main, Lytton, BC V0K 1Z0, Canada -
(250) 455-2221</p> <p>C. Lillooet District Hospital
951 Murray, Lillooet, BC V0K 1V0, Canada -
(250) 256-4233</p> <p>E. Ashcroft Hospital and Health Ctr-ER
Ashcroft, British Columbia, Canada</p> <p>G. Merritt Veterinary Hospital
2171 Douglas, Merritt, BC V1K, Canada -
(250) 378-4221</p> | <p>B. Ashcroft & District General Hospital
700 Ash-Cache Ck Hwy, Ashcroft, BC V0K 1A0, Canada -
(250) 453-2211</p> <p>D. Nicola Valley Health Care
3451 Voght Street, Merritt, BC V1K 1C6, Canada -
(250) 378-2242</p> <p>F. Nicola Valley Health Centre
Merritt, British Columbia, Canada</p> <p>H. Cache Creek Veterinary Hospital
Old Cariboo Rd, Cache Creek, BC V0K 1H0, Canada -
(250) 457-6203</p> |
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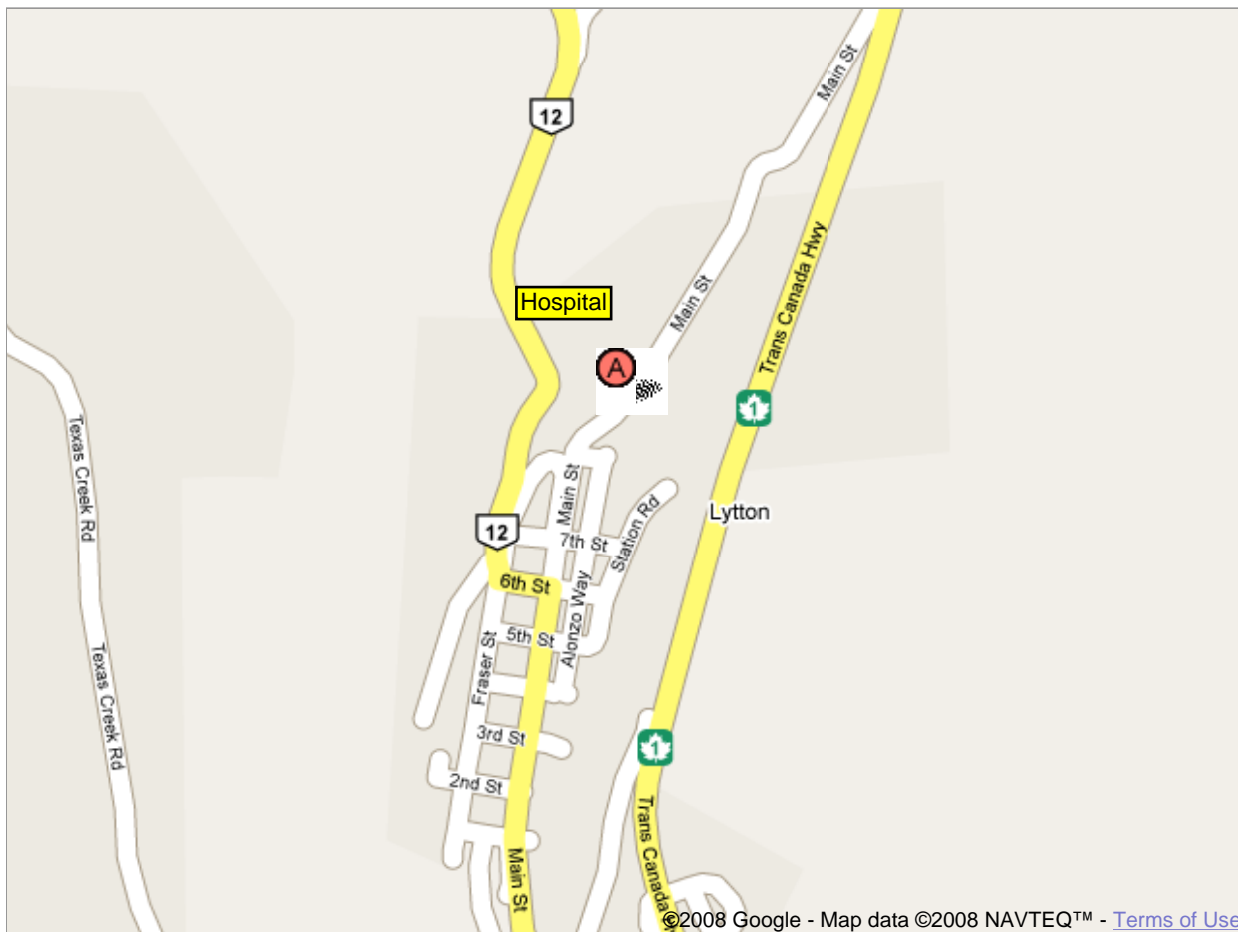


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DownRiver Sprint Course - BC Championships 31 August 2008

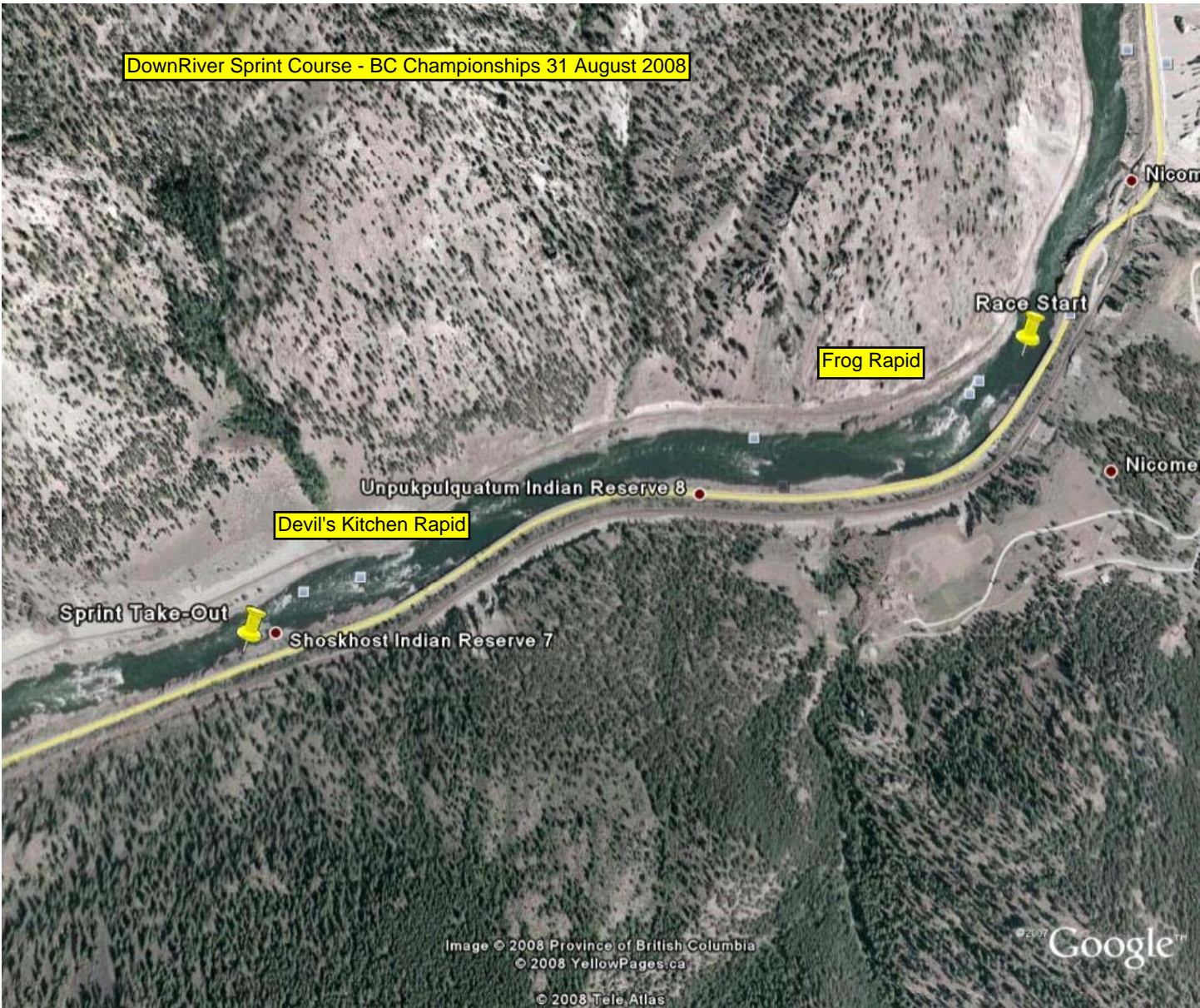


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DownRiver Classic Course Map - BC Championships 31 August 2008

