

CanoeKayak BC

2011 Western Canada Summer Games Update – June 2010

Year 1 of Funding

Long List Team Selection

Athletes will be identified based on their performances at the BC Championships/National Trials on August 6th and 7th in Nanaimo. Using performances in distances of 200m, 500m and 1000m a team of up to 6 athletes in each discipline will be identified as members of the 'Pre-Western Canada Games Development Team'.

Frostbite Camp/Eric Hughes Long Distance Race

All athletes identified above will be invited to attend the Frostbite Camp/Eric Hughes Long Distance Race in Seattle from the evening of November 10th to mid afternoon on November 14th, 2010. Seattle has volunteered to billet all paddlers so this should be a relatively inexpensive and highly beneficial camp for all. All clubs with athletes attending are invited to provide coaching support.

University Training Camp

To be held for 10 days over the university reading week in February in Burnaby with guest coach CanoeKayak Canada Development Coach Rob Stott taking the lead coaching role.

Spring Training Camp

We will be holding a provincial spring training camp in San Diego during the time of approximately March 12th – 27th. Again those athletes long listed will be encouraged to attend. Peter Majewski (Ridge) will take the lead coaching role with admin support from CKBC office. A commitment will be required early in January once prices have been determined.

Year 2 of Funding

Team BC Trials

Final selection for the 2011 Western Canada Summer Games will tentatively occur on the weekend of June 16th, 17th in Burnaby. Athletes will race distances of 200m, 500m, 1000m and 2000m with their best 3 performances being used to determine the team of 8 men and 8 women (plus alternates who will train with the team but not attend the Games).

Competition

Members of the 2011 Western Canada Summer Games Team (including the alternates) will travel to the Canada Day Regatta in Regina and compete as a team. Cost and details to be determined.

Team Preparation Camp

There will be a team preparation camp (possibly by discipline) following the Western Canadian Championships/National Team Trials weekend mid July.

Final Preparation Camp

To be held in Kamloops in days leading up to the event.