



## Policies and Procedures - Athletes

|   |               |           |
|---|---------------|-----------|
| Name:   | Approved:     | Replaced: |
| Slalom Performance Program and Selection Policies (2017-18) | November 2013 | 2017      |

### 1.0 Goals

The CKBC Performance Program will:

- a) Produce medalists at Canadian National Championships
- b) Recognize and support athletes who have a potential to make Junior, U23 and Senior Development and National Teams, and who have shown a commitment to training to achieve this objective;
- c) Successfully transfer our most talented athletes to the Junior and U23 ranks, and continue this progression towards becoming Senior National Team members and then Olympic medalists; and
- d) Strive to deliver programs that integrate with Canoe Kayak Canada, the Canadian Sport Institute Pacific (CSI Pacific) and PacificSport Regional Centers.

### 2.0 Program Objectives

- a) Provide sport science resources for athletes and coaches;
- b) Facilitate participation in appropriate training camps;
- c) Support performance athletes that attend the National Team Trials and National Championships;
- d) Provide and facilitate the optimum number of competitions and camps offered for all athletes at all levels of development;
- e) Provide support and encouragement to member clubs in developing recruitment programs and retention strategies;
- f) Continue coaching development strategies; and
- g) Host or participate in a sport specific coaching conference in the fall.

### 3.0 Athlete Selection Objectives

- a) Identify BC athletes by their level of performance;
- b) Compare performances of athletes in different racing ages;
- c) Compare performances of athletes in different disciplines;
- d) Be inclusive for both genders, and canoe and kayak disciplines;
- e) Provide project subsidies according to the athlete's level of performance (when available); and
- f) Provide all CKBC members with clear and transparent selection criteria that will focus on individual long-term athlete development.

### 4.0 Eligibility

Eligibility to participate in any of CKBC's programs shall be made open to all CKBC athletes who meet and adhere to the following criteria:

- a) Competitive member of CKBC in good standing;
- b) Competitive member of a CKBC affiliated club Member of Canoe Kayak Canada in good standing;

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- c) Not currently holding an International (SR1/SR2), Senior (SR/C1), or Development (D) card;
- d) Athletes must compete for a CKBC-affiliated Club for the current season; and
- e) Athletes receiving funding from the Performance Program are deemed to have participated in a selection process and are therefore committing to competing for the Province of British Columbia.

## 5.0 Identification

Athletes may be named to the Performance Program by meeting one of the following criteria:

- a) National Team Selection/Identification or CKC Team Selection;
- b) Achieving BC Performance Standards; or
- c) Nomination by the National Team Head Coach (Level 5 nomination only)

Nominations must be submitted to CSI Pacific prior to November 15 of each year.

**Note: IT IS THE RESPONSIBILITY OF THE ATHLETE TO ADVISE THE CKBC OFFICE THAT THEY HAVE ACHIEVED A PERFORMANCE STANDARD BY SENDING AN EMAIL TO [info@canoekayakbc.ca](mailto:info@canoekayakbc.ca) providing the date, location, event and standard achieved. A reference (Link) to the specific competition results must also be included.**

Athletes achieving time standards prior to the National Championships will be noted as 'pending;' however, for program funding purposes the squad nomination will be effective immediately and will include the event in which the athlete achieved the standard.

## 6.0 Selection Criteria

### 6.1 CSI Canadian Development

- a) Level 1
  - (i) Athletes named to the Senior National Team (who do not receive Sport Canada Athlete Assistance Program funding) or Senior Development Team; OR
  - (ii) Athletes (who do not receive Sport Canada Athlete Assistance Program funding) who have competed at a Senior World Cup; OR
  - (iii) Athletes who have competed at U23 World Championships

### 6.2 CSI Provincial Development - Level 1

- a) Level 1a
  - (i) Athletes who have competed at U23 or Junior World Championships in the past 24 months, provided they maintain their status as a Provincial Team Athlete (see Athlete Responsibilities and Removal Process); OR
  - (ii) Athletes who have been nominated to represent Canada at an ICF event AND Competed at the Canadian National Championships; OR
  - (iii) Placed the top 3 at the Canadian Open National Championships in an event included in the 2020 Canoe Slalom Olympic Program
- b) Level 2
  - (i) Athletes who are tracking towards Level 1a according to sport specific development pathway (LTAD) AND
  - (ii) Competed at the Canadian National Championships AND/OR National Team Trials and met the following performance benchmark

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|                                   |                            |
|-----------------------------------|----------------------------|
| K1M ≤ 115.0% of Junior Base Score | ≤ 110.0% of U23 Base Score |
| K1W ≤ 131.0% of Junior Base Score | ≤ 126.0% of U23 Base Score |
| C1M ≤ 124.0% of Junior Base Score | ≤ 119.0% of U23 Base Score |
| C1W ≤ 152.0% of Junior Base Score | ≤ 147.0% of U23 Base Score |

### 6.3 CSI Provincial Development Level 2

#### a) Level 3

- (i) Provincial elite athletes who are tracking towards Level 2 according to sport specific development pathway (LTAD) AND
- (ii) Competed at the Canadian National Championships AND/OR National Team Trials and met the following performance benchmark

|                                   |                            |
|-----------------------------------|----------------------------|
| K1M ≤ 119.0% of Junior Base Score | ≤ 115.0% of U23 Base Score |
| K1W ≤ 136.0% of Junior Base Score | ≤ 131.0% of U23 Base Score |
| C1M ≤ 129.0% of Junior Base Score | ≤ 124.0% of U23 Base Score |
| C1W ≤ 157.0% of Junior Base Score | ≤ 152.0% of U23 Base Score |

#### b) Level 4

- (i) Provincial athletes who are tracking towards Level 3 according to sport specific development pathway (LTAD) AND
- (ii) Competed at age appropriate Canadian National Championships AND/OR National Team Trials and met the following performance benchmark

|                                   |                            |
|-----------------------------------|----------------------------|
| K1M ≤ 124.0% of Junior Base Score | ≤ 120.0% of U23 Base Score |
| K1W ≤ 140.0% of Junior Base Score | ≤ 135.0% of U23 Base Score |
| C1M ≤ 134.0% of Junior Base Score | ≤ 129.0% of U23 Base Score |
| C1W ≤ 162.0% of Junior Base Score | ≤ 157.0% of U23 Base Score |

#### c) Level 5

- (i) Provincial athletes who are tracking towards Level 4 according to sport specific development pathway (LTAD) AND
- (ii) Competed at age appropriate Canadian National Championships AND/OR National Team Trials and met the following performance benchmark

|                                   |                            |
|-----------------------------------|----------------------------|
| K1M ≤ 129.0% of Junior Base Score | ≤ 125.0% of U23 Base Score |
| K1W ≤ 145.0% of Junior Base Score | ≤ 140.0% of U23 Base Score |
| C1M ≤ 139.0% of Junior Base Score | ≤ 134.0% of U23 Base Score |
| C1W ≤ 167.0% of Junior Base Score | ≤ 163.0% of U23 Base Score |

**Note:** Athletes may only be nominated as Level 5 athlete for one year. In subsequent years they must achieve a Level 4 standard.

### 7.0 Athlete Responsibilities and Removal Process

Athletes nominated as Performance Athletes are accountable to CKBC as follows:

- a) Athletes meet the Eligibility Criteria

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- b) Athletes must submit a signed Athlete Code of Conduct within 30 days of nomination for the upcoming season;
- c) Athletes under the age of 19 must also submit a Parent/Guardian's Code of Conduct within 30 days of nomination for the upcoming season
- d) Athletes must register and obtain a Canadian Sport Institute Pacific/PacificSport Athlete Card within 30 days of their nomination;
- e) Level 1, 1a, 2 and 3 nominated athletes must complete Canoe Kayak Canada's functional movement screens and participate in other performance enhancing services as directed by the National Coach;
- f) Athletes must post an updated Athlete Profile on the CKBC website within 30 days of their nomination;
- g) Training diaries must be made available upon request;
- h) Goals and performance tracking submissions must be completed each fall as requested;
- i) Participate in a year-round training program with a CKBC Member Club or under the direction of the Provincial or National Coach;
- j) Athletes are expected to participate in all CKBC events, including fall and winter testing, camps and selection events (e.g. Provincials). An athlete who is unable to participate in the CKBC event due to illness, injury or other extenuating circumstances must notify CKBC in writing, with appropriate documentation, in advance of the event in which the athlete is unable to participate.

Removal decisions may be made at the discretion of the National Team Coach.

An athlete who is facing removal will be officially notified, in writing, by CKBC about the risk of removal. This is in order to help athlete to correct the situation.

## **8.0 Athlete Illness, Injury or Other Extenuating Circumstances**

An athlete who is unable to participate in a selection event due to illness, injury or other extenuating circumstances may nevertheless be considered for selection by CKBC, provided that the athlete notifies CKBC in writing, with appropriate documentation, which is satisfactory to CKBC, in advance of the event in which the athlete is unable to participate. CKBC, in its sole discretion, may approve an exemption from the selection procedure.

If an athlete selected to a team becomes ill or injured, he or she must seek immediate medical attention and report the illness or injury to CKBC. CKBC will assess the situation and make a recommendation. The assessment may involve gathering further information or conducting additional medical tests. Where it is determined by CKBC that an athlete will be replaced, the selection of the replacement will be based upon previous results in competitions and trials.

## **9.0 Appeals**

Appeals must be made in writing and delivered to the CKBC Office within seven days of the posting on the CKBC website of those athletes selected to Team BC to the CKBC.

The Appeal will be heard by a panel made up of the National Team Head Coach, the President and a third party named by the CKBC Board of Directors.

At any time during the review/appeal process, the athlete may be required to provide evidence demonstrating satisfactory achievement in each of the selection components.

CKBC reserves the right to withhold all programming and/or funding if an athlete's training situation cannot be verified.

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## 10.0 Summary of Categories

| 2016 CSI Levels                  | 2016 and onwards CKBC Levels | 2015 CKBC Levels  |
|----------------------------------|------------------------------|-------------------|
| Canadian Development             | Level 1                      | Level 1, Level 1a |
| Provincial Development - Level 1 | Level 1a                     | Level 2           |
|                                  | Level 2                      |                   |
| Provincial Development - Level 2 | Level 3                      | Level 3           |
|                                  | Level 4                      | Level 4           |
|                                  | Level 5                      | Level 5           |

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